

# Manual Table of Contents

## CLUSTER 1: CAREER DEVELOPMENT

*Career Awareness, Occupational Courses, Paid Employment/Work Experience, Career Technical Education, and Work Study*

### Assessments:

Page	Assessments	Standardized?	Age Range	Price	Time	Description
CAREER EXPLORATION ASSESSMENTS:						
20	<a href="#">123 Career Test</a>	No	15+	Free	~10 min	A free career aptitude test that matches your personality to suitable professions using Holland Codes.
21	<a href="#">California CareerZone</a>	No	13+	Free	~30 min	An online platform offering assessments and tools to explore careers, wages, and job openings.
22	<a href="#">Career Ability Placement Survey (CAPS)</a>	Yes	14+	\$270	~50 min	A norm-referenced assessment measuring abilities across eight dimensions to align with vocational fields.
23	<a href="#">Career Bridge</a>	No	Middle-High School	Free	15-30 min	A quiz to help students discover suitable careers based on their talents and interests.
24	<a href="#">Career Clueless</a>	No	Middle School	Free	~20 min	An activity where students identify their RIASEC career code by circling preferred subjects and activities.
26	<a href="#">Career Clues About Me</a>	No	High School+	Free	~60 min	A self-assessment tool to help students understand their interests and strengths for career planning.
31	<a href="#">Career Clusters Interest Survey</a>	No	Middle School+	Free	~15 min	A survey to identify career clusters that match students' interests and personal qualities.
37	<a href="#">Career Cruiser</a>	No	High School	Free	~60 min	A guide with activities to help students explore careers and plan their high school courses accordingly.
63	<a href="#">Career Decision-Making System Revised (CDM-R)</a>	Yes	12+	\$61	20-40 min	A self-scored assessment helping individuals identify their occupational interests, values, and abilities.
64	<a href="#">Career Interest Inventory</a>	Yes	15+	Varies	~40 min	An inventory used by counselors to help individuals identify their interests for career decision-making.
68	<a href="#">Career Interests, Preferences, Strengths Inventory (CIPSI)</a>	Yes	13+	\$107	15-30 min	Inventory providing exploration experiences to help students examine their interests and strengths in relation to career clusters.
69	<a href="#">Career OneStop Interest Assessment</a>	No	16+	Free	~5 min	A quick assessment to match your interests with potential career paths.
70	<a href="#">Data vs. People vs. Things</a>	No	14+	Free	~10 min	A sorting activity to help individuals understand if they prefer working with data, people, or things.
72	<a href="#">Employment Support Indicators</a>	No	High School+	Free	Varies	A tool designed to identify supports needed to help individuals sustain work activity and prepare for work changes.
78	<a href="#">Environmental Job Assessment Measure (E-JAM)</a>	No	High School+	Free	10 min	An assessment where respondents rate environmental clusters to identify suitable job areas.
82	<a href="#">Holland Code Quiz</a>	No	14+	Free	~10 min	A quiz to help individuals discover their Holland Code and suitable career options.
83	<a href="#">O'NET Interest Profiler</a>	Yes	16+	Free	~20 min	An assessment that helps individuals discover their interests and how they relate to the world of work.
84	<a href="#">Pictorial Interest Inventory</a>	Yes	10+	Free	~30 min	An inventory using pictures to help individuals identify their career interests.
103	<a href="#">Positive Personal Profile</a>	No	13+	Free	Varies (90 min+)	A tool to help individuals identify their strengths, preferences, and interests for employment planning.
109	<a href="#">VocFit</a>	Yes	18+	Free	~15 min	An assessment that matches individuals' abilities and preferences with suitable job options.
COLLEGE READINESS ASSESSMENTS:						
111	<a href="#">College Readiness Assessment</a>	No	High School	Free	~30 min	Assesses students' academic preparedness and readiness for college.
113	<a href="#">Enderle-Severson Transition Rating Scale (ESTR-III)</a>	Yes	12-21	Free	~30 min	Evaluates transition readiness across employment, education, and independent living.
128	<a href="#">Guide to Assessing College Readiness</a>	No	High School+	Free	Varies (90 min+)	A comprehensive guide to assess multiple domains of college readiness.
WORK READINESS AND EMPLOYMENT ASSESSMENTS:						
135	<a href="#">Basic Skills for Community Living</a>	No	14+	\$26	Varies	Assesses and teaches skills for independent community living for students with visual impairments.
136	<a href="#">Becker Work Adjustment Profile 2nd Edition (BWAP-2)</a>	Yes	14+	\$113	~20 min	Measures work adjustment and behavioral skills necessary for employment.
137	<a href="#">Community-based Skills Assessment (CSA)</a>	No	12+	Free	30-60 min	Assesses functional, social, and job-related skills in community settings.
195	<a href="#">Employability Skills 2000+ Self-Rating</a>	No	High School+	Free	15-20 min	Self-assessment for evaluating readiness in employability skills.
198	<a href="#">Employability Skills Checklist</a>	No	High School+	Free	15-20 min	Checklist of key employability competencies and behaviors.
200	<a href="#">Employability Skills Checklist</a>	No	High School+	Free	15-20 min	Checklist for evaluating skills needed for employment success.
202	<a href="#">Employability Skills Rubric</a>	No	High School+	Free	Varies (90 min+)	Rubric for assessing employability traits and workplace behaviors.
203	<a href="#">Employability/Life Skills Assessment</a>	No	14-21	Free	15-20 min	Assesses student's current skills related to employment and independent living.
211	<a href="#">Employability/Life Skills Assessment (ELSA): Family</a>	No	6-21	Free	15-20 min	Assesses life and employability skills from a family member's perspective.
220	<a href="#">Employability/Life Skills Assessment (ELSA): Professional</a>	No	6-21	Free	15-20 min	Assesses life and employability skills from a professional's perspective.
229	<a href="#">Employment Support Indicators</a>	No	High School+	Free	15-20 min	Identifies needed supports for successful employment transition.
235	<a href="#">Enderle-Severson Transition Rating Scale (ESTR-III)</a>	Yes	14-21	Free	30-60 min	Measures readiness for transition planning in key life areas.
250	<a href="#">Functional Assessment for Students with Disabilities</a>	Yes	14+	\$213 for set	Varies (1-2 hr)	Provides a functional assessment and curriculum for students with disabilities.
251	<a href="#">Job Readiness Survey</a>	No	High School+	Free	15-20 min	Surveys a student's understanding of job-seeking and job-keeping skills.
255	<a href="#">Practical Assessment Exploration System (PAES)</a>	Yes	14+	\$1,295-\$26,195	90 hr total	Comprehensive system to assess vocational skills through real-world tasks.
256	<a href="#">Transition Behavior Scale 3rd Ed. (TBS-3)</a>	Yes	12-18	\$237 for kit	~15 min	Evaluates social and behavioral readiness for transition.
266	<a href="#">VocFit</a>	Yes	18+	Free	~15 min	Matches personal traits to job demands using vocational assessments.
267	<a href="#">Work Personality Profile</a>	No	High School+	Free	~15 min	Self-assessment of interests and preferences related to work.
269	<a href="#">Work Readiness Inventory</a>	No	High School+	Free	~15 min	Assesses attitudes and behaviors that influence work readiness.
285	<a href="#">Work Readiness Tool</a>	No	High School+	Free	30-60 min	Measures skills and behaviors linked to work success.
288	<a href="#">WORKS Performance Assessment</a>	Yes	High School+	Free	~15 min	Evaluates student performance in workplace readiness tasks.

## Interventions:

Page	Interventions	Type of Resource	Description
<b>COLLEGE INTERVENTIONS:</b>			
290	<a href="#">Accessible College</a>	Website w/ Resources	A platform offering college preparation and transition support for students with physical disabilities and health conditions.
291	<a href="#">College 101: Supporting College Readiness Skills Among Students With IDD</a>	Quantitative Study	Assesses college readiness and self-determination skills of transition students with IDD through a weeklong program.
292	<a href="#">Developing Inclusive Higher-Education (IHE) Programs for Youth With IDD</a>	Practice-Based Article	Explores development of inclusive higher education programs for IDD, faculty/staff training on educational accommodations.
293	<a href="#">Multidimensional Strategies for Overcoming Time-Related Challenges of Transition-Age Students w/ L/AD</a>	Qualitative Study	Describes strategies used by students to compensate for time-related challenges across multiple domains.
294	<a href="#">Navigating the Hidden Curriculum of Higher Education for Postsecondary Students With Intellectual Disabilities</a>	Qualitative Case Study	Examines experiences of students with IDD attending a postsecondary education program and stakeholder perspectives.
303	<a href="#">Progression and Changes in Disability Identity During Transition to Adult Roles for College Students w/ L/AD</a>	Mixed-Methods Study	Indicates positive changes in disability identity over time and suggests benefits from holistic campus-based interventions.
304	<a href="#">Student College Resource Guide</a>	Educational Guide	Provides resources and guidance for students with intellectual disabilities navigating college.
334	<a href="#">Survey of College Personnel: Preparedness to Serve Students With Autism Spectrum Disorder</a>	Quantitative Study	Evaluates the preparedness of college personnel to serve students with Autism Spectrum Disorder.
<b>JOB SKILLS INTERVENTIONS:</b>			
341	<a href="#">21st Century Workplace Readiness Skills for the Commonwealth</a>	Handout/Resource	22 competencies including personal qualities, interpersonal skills, and professional abilities to prepare for employment.
342	<a href="#">Effectiveness of Transition Readiness Interventions by School-Based Interventions by School-Based OTs</a>	Quantitative Study	Assesses the effectiveness of school-based occupational therapy interventions in preparing students for transition.
351	<a href="#">Get to Work Group for High School Students</a>	Program Description	Describes a program designed to prepare high school students with disabilities for employment through group interventions.
355	<a href="#">School Based Occupational Therapy Supports Transition to Adulthood 14 In-School Job Ideas for Students</a>	Handout	Offers practical job ideas within school settings to support students' transition to adulthood.
356	<a href="#">Work-focused Interventions That Promote the Labour Market Transition of Young Adults w/ Chronic Disabling Health Conditions</a>	Systematic Review	Reviews interventions that facilitate the transition of young adults with disabilities into the labor market.
<b>WORK READINESS AND EMPLOYMENT INTERVENTIONS:</b>			
367	<a href="#">Characteristics of Students Receiving OT Services in Transition and Factors Related to Postsecondary Success</a>	Quantitative Study	Analyzes characteristics of students receiving OT during transition and their relation to postsecondary success.
376	<a href="#">Get to Work Group for High School Students</a>	Program Description	Describes a program designed to prepare high school students with disabilities for employment through group interventions.
380	<a href="#">Impact of Video Modeling and Scenario-Based Learning on Work Readiness for Transition-Age Students With Disabilities</a>	Quantitative Study	Effectiveness of video modeling/scenario-based learning on work readiness among transition-age students with disabilities.
381	<a href="#">Interventions to Support Transition-Age Students</a>	Practice-Based Article	Discusses various interventions aimed at supporting students transitioning from school to adulthood.
384	<a href="#">Transition Services &amp; Young Adults With Autism Spectrum Disorder</a>	Practice Article	Explores transition services tailored for young adults with Autism Spectrum Disorder.

## CLUSTER 2: COLLABORATIVE SYSTEMS

*Interagency Collaboration, Parental Expectations and Involvement, Student Support, and Transition Programs*

### Assessments:

Page	Assessments	Standardized?	Age Range	Price	Time	Description
<b>INTERPROFESSIONAL ASSESSMENTS:</b>						
388	<a href="#">Behavioral and Emotional Rating Scale 3rd Ed. (BERS-3)</a>	Yes	5-18	\$336 for kit	~10 min	Measures emotional and behavioral strengths that support personal and social functioning.
389	<a href="#">Employability/Life Skills Assessment (ELSA): Professional</a>	No	6-21	Free	15-20 min	Evaluates life and work-related skills from a professional's perspective.
398	<a href="#">Positive Personal Profile</a>	No	13+	Free	Varies (90 min+)	Gathers comprehensive personal information to support career planning and job development.
404	<a href="#">Preference, Interests, Needs, Strengths (PINS) for Teams</a>	No	14+	Free	30-60 min	Team-based tool to identify and organize student preferences and support needs.
405	<a href="#">School Function Assessment (SFA)</a>	Yes	5-12	\$666	1.5- 2 hr	Measures a student's performance of functional tasks that support participation in academic and social aspects of school.
406	<a href="#">Transition Planning Inventory (TPI)</a>	Yes	14-21	\$400	15-30 min	Assesses transition needs and readiness in areas such as employment, education, and daily living.
407	<a href="#">What are the Youth's Plans?</a>	No	14+	Free	30-60 min	Supports team discussions and planning around a youth's goals and transition outcomes.
<b>PARENT/CAREGIVER ASSESSMENTS:</b>						
409	<a href="#">AIR Self-Determination Scale: Parent Form</a>	Yes	8-22	Free	~30 min	Assesses self-determination abilities and opportunities from the parent's perspective.
416	<a href="#">Behavior Rating Inventory of Executive Function 2nd Ed. (BRIEF-2)</a>	Yes	5-18	\$436-772	~10 min	Measures executive functioning behaviors in home and school environments.
417	<a href="#">Behavioral and Emotional Rating Scale 3rd Ed. (BERS-3)</a>	Yes	5-18	\$336	~10 min	Evaluates a child's behavioral and emotional strengths through parent input.
418	<a href="#">Employability/Life Skills Assessment (ELSA): Family</a>	No	6-21	Free	15-20 min	Evaluates life and employability skills from the perspective of a family member.
427	<a href="#">Independent Living Skills Checklist (ILS)</a>	No	14+	Free	30-60 min	Assesses skills for independent living including personal, home, and money management.
443	<a href="#">Parents of Teenagers Survival Checklist</a>	No	13-19	Free	~20-30 min	Helps parents evaluate their teen's readiness for independence and adult responsibilities.
447	<a href="#">Secondary School Success Checklist: Parent Version (SSSC)</a>	No	14-21	Free	~30-60 min	Assesses secondary school success indicators from the parent's perspective.
458	<a href="#">Transition Planning Inventory</a>	Yes	14-21	\$400	15-30 min	Comprehensive tool for assessing transition readiness and needs from multiple perspectives.

### Interventions:

Page	Interventions	Type of Resource	Description
<b>HEALTHCARE INTERVENTIONS:</b>			
460	<a href="#">User-Centered Design of Mobile Health System to Support Transition-Age Youth With Epilepsy and Their Caregivers</a>	Qualitative Study	Examines development of a mobile health system designed with input from youth with epilepsy and their caregivers.
<b>INTERAGENCY COLLABORATION INTERVENTIONS:</b>			
462	<a href="#">A Qualitative Study of the Transition From an Educational Setting to Adulthood for Youth With IDD</a>	Qualitative Study	Explores experiences of youth with intellectual and developmental disabilities transitioning from school to adulthood.
463	<a href="#">Effectiveness of Transition Readiness Interventions by School-Based Interventions by School-Based OTs</a>	Quantitative Study	Evaluates the impact of school-based occupational therapy interventions on transition readiness in youth.
472	<a href="#">Experience of Direct-Care Providers Who Support Young Adults w/ Disabilities During Transition From School To Adult Life</a>	Qualitative Study	Explores perspectives of direct-care providers supporting young adults with disabilities transitioning into the community.
472	<a href="#">Multi-Agency Transition Planning Person Centered Thinking and Backwards Planning Guide</a>	Educational Resource	A practical guide for multi-agency collaboration in person-centered transition planning for youth.

487	<a href="#">Parent and School Personnel Priorities and Approaches to Supporting Transition-Age Youth With ASD</a>	Qualitative Study	Investigates priorities of parents and school personnel in supporting youth with autism transitioning to adulthood.
488	<a href="#">Research &amp; Intervention Priorities for Transition-Age Youth &amp; Young Adults With IDD from the Perspectives of Community</a>	Environmental Scan	Summarizes community partners' views on research and intervention priorities for youth with intellectual disabilities.
489	<a href="#">School-Based Occupational Therapists' Roles Supporting Transitions Into and Throughout Kindergarten to Grade 12</a>	Scoping Review	Reviews the roles of school-based OTs in supporting student transitions from kindergarten through high school.
<b>MENTORSHIP INTERVENTIONS:</b>			
502	<a href="#">Perspectives on Inclusion: Near-Peer Mentoring Relationships Between College Students With &amp; Without IDD</a>	Qualitative Study	Examines how peer mentoring promotes relationships and inclusion for students with IDD in higher education settings.
<b>PARENT EXPECTATIONS AND INVOLVEMENT INTERVENTIONS:</b>			
504	<a href="#">A Qualitative Study of the Transition From an Educational Setting to Adulthood for Youth With IDD</a>	Qualitative Study	Explores experiences of youth with intellectual and developmental disabilities transitioning from school to adulthood.
505	<a href="#">Perspectives on Disability Studies and Advocacy From Parents of Transition-Age Youth With Autism Spectrum Disorder</a>	Qualitative Study	Presents parental views on disability studies and advocacy for youth with autism during transition to adulthood.
506	<a href="#">Phenomenological Study of the Transition Process for Adolescents With Intellectual and Developmental Disabilities</a>	Qualitative Study	Investigates lived experiences of adolescents with intellectual disabilities during their transition to adulthood.
516	<a href="#">Pilot Test of the Maximizing Adolescent Post-Secondary Success (MAPSS) Intervention: Supporting Parents of Autistic Youth</a>	Pilot Study	Tests a pilot intervention aimed at helping parents support autistic youth's post-secondary success.
527	<a href="#">Recommendations for Postsecondary Transitions for Autism Spectrum Disorder Based on Family Experiences</a>	Qualitative Study	Shares family-informed recommendations for improving postsecondary transitions for youth with autism.
528	<a href="#">To be Understood: Transitioning to Adult Life for People with Autism Spectrum Disorder</a>	Qualitative Study	Explores challenges and facilitators faced by individuals with autism during transition to adulthood.
544	<a href="#">Understanding Caregiver Experiences: Examining Transition Out of the Educational System for Children w/ Cognitive Disabilities</a>	Mixed-Methods Study	Examines caregiver perspectives on children's transition out of school for those with cognitive disabilities.
<b>PERSON CENTERED PLANNING INTERVENTIONS:</b>			
546	<a href="#">Following Your Hopes and Dreams: A Longitudinal Study of Adults With IDD in Transition to Community-Based Supports</a>	Longitudinal Study	Follows adults with intellectual disabilities over time as they move into community-based support services.
547	<a href="#">Person-Centered Interventions for Autistic Adults Ages 18+ (2013–2021)</a>	Scoping Review	Reviews interventions focused on person-centered support for autistic adults aged 18 and older.
555	<a href="#">To be Understood: Transitioning to Adult Life for People with Autism Spectrum Disorder</a>	Qualitative Study	Explores challenges and facilitators faced by individuals with autism during transition to adulthood.

## CLUSTER 3: STUDENT SKILLS

*Self Care and Independent Living Skills, Self-Determination/Self Advocacy, Self-Realization, Social Skills, Travel Skills, and Community Experiences, Goal Setting, Technology Skills, Psychological Empowerment, Youth Autonomy/Decision Making*

### Assessments:

Page	Assessments	Standardized	Age Range	Price	Time	Description
<b>COMMUNITY MOBILITY ASSESSMENTS:</b>						
573	<a href="#">Checklist of Community Mobility Skills (CCMS)</a>	No	11-21	Free	1-2 hr	Assesses skills on community mobility including pedestrian safety, using public and private transportation, and navigation.
574	<a href="#">Transition Behavior Scale 3rd Ed. (TBS-3)</a>	Yes	12-18	\$237 for kit	~15 min	Assesses behaviors and social-emotional skills that impact successful transitions: community participation and responsibility.
<b>EXECUTIVE FUNCTIONING ASSESSMENTS:</b>						
585	<a href="#">Behavioral and Emotional Rating Scale 3rd Ed. (BERS-3)</a>	Yes	5-18	\$336 for kit	~10 min	Measures personal strengths and competencies in adolescents, focusing on executive functioning and emotional regulation.
586	<a href="#">Executive Function Performance Test (EFPT)</a>	Yes	13+	Free	30-45 min	Examines real-world executive function skills such as organization, sequencing, safety, and initiation.
587	<a href="#">Weekly Calendar Planning Activity (WCPA)</a>	Yes	12-94	\$112.95 for AO	~30 min	Evaluates executive function through a task entering appointments in a weekly calendar while managing rules and distractions.
<b>HEALTH AND WELLNESS ASSESSMENTS:</b>						
589	<a href="#">Healthcare Transition Skills Checklist</a>	No	14-25	Free	10-20 min	Identifies healthcare management skills needed for youth to transition from pediatric to adult healthcare systems.
590	<a href="#">Transition Readiness Changing Roles for Youth</a>	No	14-25	Free	15-25 min	Assesses a youth's readiness to assume responsibility in healthcare decision-making during the transition to adult care.
<b>LEISURE ASSESSMENTS:</b>						
592	<a href="#">Activity Card Sort</a>	Yes	18-15	112.95 for AOTA	~20 min	Assesses participation in various leisure and instrumental activities to support client-centered goal planning.
593	<a href="#">Basic Skills for Community Living</a>	No	14+	\$26	Varies	A curriculum tool assessing functional and leisure skills necessary for independent community living.
594	<a href="#">Enderle-Severson Transition Rating Scale (ESTR-JII)</a>	Yes	14-21	Free	30-60 min	Provides a comprehensive view of a student's transition readiness including leisure and recreation involvement.
609	<a href="#">Functional Assessment for Students with Disabilities</a>	Yes	14+	13 for complete	Varies (1-2 hr)	Evaluates functional and leisure skills in students with disabilities and guides curriculum development.
610	<a href="#">Interest Checklist</a>	No	16+	Free	10-20 min	A self-report tool for identifying preferred leisure activities to guide therapeutic planning.
612	<a href="#">Interested Checklist Adapted</a>	No	12+	Free	10-20 min	A simplified interest checklist that helps individuals identify leisure preferences and engagement.
623	<a href="#">Leisure and Recreation Post-Participation Rating Scale</a>	No	16+	Free	10-20 min	Measures satisfaction and engagement following participation in leisure and recreation activities.
624	<a href="#">Leisure and Recreation Survey</a>	No	16+	Free	10-20 min	Assesses current and desired involvement in leisure and recreation activities.
627	<a href="#">Leisure Interest Assessment</a>	No	12+	Free	10-20 min	A self-report tool identifying interests across various leisure activities to guide meaningful engagement and transition planning.
<b>LIFESKILLS/ADL ASSESSMENTS:</b>						
641	<a href="#">Adolescent Autonomy Checklist</a>	No	11-21	Free	10-20 min	Evaluates an adolescent's level of independence in life skills relevant to daily living and transition.
647	<a href="#">Assessment of Functional Living Skills (AFLS)</a>	Yes	2+	\$279.99	4-10 hr total	An extensive tool covering multiple domains such as community participation, home skills, and vocational tasks.
648	<a href="#">Barthel Index</a>	Yes	18+	Free	20-30 min	Measures a person's independence in mobility and personal care ADLs.
650	<a href="#">Basic Skills for Community Living</a>	No	14+	\$26	Varies	A curriculum for evaluating and teaching daily living and community skills.
651	<a href="#">BRIGANCE Transition Skills Inventory</a>	Yes	13-22	\$493.65	20-40 min	Assesses academic and functional skills across domains like health, daily living, and employability.
653	<a href="#">Casey Life Skills (CLS)</a>	Yes	14-21	Free	30-40 min	Measures the life skills of youth preparing to transition to adulthood including money management, self-care, and housing.
669	<a href="#">Employability/Life Skills Assessment (ELSA): Family</a>	No	6-21	Free	15-20 min	Evaluates a child's life and employment readiness skills from a family perspective.
678	<a href="#">Employability/Life Skills Assessment (ELSA): Professional</a>	No	6-21	Free	15-20 min	Provides professional assessment of youth's life and employment readiness skills.
688	<a href="#">Enderle-Severson Transition Rating Scale (ESTR-JII)</a>	Yes	14-21	Free	30-60 min	A multi-domain assessment of transition readiness including daily living and self-care skills.
702	<a href="#">Functional Assessment for Students with Disabilities</a>	Yes	14+	\$213	Varies (1-2 hr)	Comprehensive tool assessing functional academic, daily living, and vocational skills.
703	<a href="#">Independent Living Skills Checklist</a>	Yes	Norm 65+	\$531.2 for kit	45 min	Measures adult competence in managing money, health, transportation, and home management.
737	<a href="#">Katz Index of Independence in Activities of Daily Living (ADL)</a>	Yes	18-64	Free	10-15 min	Evaluates basic daily living skills including bathing, dressing, and toileting.
739	<a href="#">Life Skills Inventory</a>	No	15-16	Free	20-30 min	A self-assessment tool identifying strengths and areas of need in independent living skills.

748	<a href="#">Occupational Self Assessment (OSA)</a>	Yes	18+	\$40	~20 min	Helps clients self-assess competence and values in daily living activities.
749	<a href="#">Parents of Teenagers Survival Checklist</a>	No	13-19	Free	20-30 min	Tool for parents to identify daily living and independence skills their teen has or needs.
753	<a href="#">PEATC Life Skills Checklist</a>	No	14-22	Free	15-30 min	Covers domains like money management, cooking, hygiene, and transportation for transition-age youth.
761	<a href="#">Pediatric Evaluation of Disability Inventory (PEDI-PRO)</a>	Yes	14-22	\$171.55 for 25	45-60 min	Captures functional performance in youth with disabilities across daily living tasks.
762	<a href="#">Performance Assessment of Self-Care Skills (PASS)</a>	Yes	16+	\$153.58	45-60 min	Observational assessment of ADL and IADL task performance in real or simulated environments.
763	<a href="#">RENEW Youth Portfolio</a>	No	14-21	Free	3-6 hr total	A person-centered planning tool supporting youth in identifying and developing transition-related skills.
785	<a href="#">Roll Evaluation of Activities of Life (REAL)</a>	Yes	2-18	\$143.90 for kit	30-45 min	Measures ADLs and IADLs in children and adolescents for intervention planning.
786	<a href="#">Survival Checklist</a>	No	14+	Free	10-20 min	A quick checklist identifying necessary life skills for transition-age youth.
787	<a href="#">Transition Readiness Assessment Questionnaire (TRAQ)</a>	No	14-25	Free	10-20 min	Screens youth for preparedness to transition to adult services and living situations.
788	<a href="#">Vineland Adaptive Behavior Scales 3rd Ed. (Vineland-3)</a>	Yes	Birth-90	\$267.6 for kit	60-90 min	Measures adaptive behavior in communication, daily living skills, and socialization.
789	<a href="#">Waisman Activities of Daily Living Scale (W-ADL)</a>	Yes	14+	Free	~10 min	Focuses on daily living abilities of youth with developmental disabilities.
<b>ROLE ASSESSMENTS:</b>						
791	<a href="#">Role Checklist Version 3 (RCV3)</a>	Yes	14+	\$44	10-15 min	Measures an individual's participation in and value of various social roles in past, present, and future contexts.
792	<a href="#">Roll Evaluation of Activities of Life (REAL)</a>	Yes	2-18	\$143.90 for kit	30-45 min	Assesses role performance through evaluation of ADL and IADL competence in children and teens.
<b>SELF-DETERMINATION ASSESSMENTS:</b>						
794	<a href="#">Adolescent Autonomy Checklist</a>	No	11-21	Free	~30 min	A self-report tool assessing independence and decision-making skills across daily living and social contexts.
796	<a href="#">AIR Self-Determination Scale: Educator Form</a>	Yes	8-22	Free	~30 min	A reliable assessment evaluating self-determination behaviors and skills from multiple perspectives.
804	<a href="#">AIR Self-Determination Scale: Parent Form</a>	Yes	8-22	Free	~30 min	A reliable assessment evaluating self-determination behaviors and skills from multiple perspectives.
811	<a href="#">AIR Self-Determination Scale: Student Form</a>	Yes	8-22	Free	~30 min	A reliable assessment evaluating self-determination behaviors and skills from multiple perspectives.
819	<a href="#">ARC's Self-Determination Scale</a>	Yes	12-18	Free	30-60 min	Measures components of self-determination including autonomy, self-regulation, and psychological empowerment.
828	<a href="#">Attitude Inventory</a>	No	13+	Free	~10 min	A brief assessment measuring attitudes toward self-determination and autonomy.
829	<a href="#">ChoiceMaker Self Determination Assessment</a>	Yes	13-21	Free	30-45 min	Evaluates self-determination through goal setting and problem-solving behaviors.
835	<a href="#">Confidence Inventory</a>	No	13+	Free	10-20 min	Assesses personal confidence as it relates to self-determination.
836	<a href="#">Neurodiversity Strengths Checklist</a>	No	13+	Free	20-30 min	Identifies strengths related to neurodiverse traits supporting self-determination.
840	<a href="#">RENEW Youth Portfolio</a>	No	14-21	Free	3-6 hr total	A comprehensive portfolio and planning tool supporting long-term self-determination and transition goals.
864	<a href="#">Self-Determination Checklist Student Self Assessment</a>	No	14-21	Free	20-30 min	A self-assessment evaluating self-determination skills and areas for growth.
866	<a href="#">Self-Determination Observation Checklist (SDOC)</a>	No	14-21	Free	15-30 min	An observational tool that helps assess self-determination skills in natural settings.
868	<a href="#">Strengths/Capabilities Inventory</a>	No	13+	Free	10-20 min	Identifies personal strengths related to self-determination.
870	<a href="#">Student Skills Inventory</a>	No	13+	Free	10-20 min	Assesses key student skills that contribute to autonomy and self-determination.
871	<a href="#">Transition Assessment for Students with Significant Disabilities</a>	Yes	14-21	Free	30-60 min	Focuses on transition-related self-determination skills for students with significant disabilities.
931	<a href="#">Who's Future Is It? Knowledge Test</a>	Yes	14+	\$95 Classroom	1-2 hr	Evaluates self-determination knowledge and readiness in transition planning.
932	<a href="#">Working Conditions Inventory</a>	No	16+	Free	10-20 min	Assesses environmental factors influencing self-determination and work participation.
<b>SELF-DETERMINATION (GOAL SETTING) ASSESSMENTS:</b>						
934	<a href="#">Canadian Occupational Performance Measure (COPM)</a>	Yes	8+	\$0 for 100 form	30-60 min	A client-centered measure used to identify and track progress toward personally meaningful goals.
935	<a href="#">Goal Attainment Scaling (GAS)</a>	No	13+	Free	~60 min	A goal-setting framework used to create personalized, measurable goals.
949	<a href="#">Positive Personal Profile</a>	No	13+	Free	Varies (90 min+)	An in-depth profile tool that identifies strengths and positive traits to support goal setting.
955	<a href="#">Secondary School Success Checklist (SSSC)</a>	No	14-21	Free	30-60 min	Assesses skills and supports related to academic and transition goals.
968	<a href="#">Transition Assessment and Goal Generator (TAGG)</a>	Yes	14-21	\$3/student	20-30 min	Helps identify goals and transition needs.
969	<a href="#">Transition Planning Inventory (TPI)</a>	Yes	14-21	\$400	15-30 min	Measures student skills and preferences to support transition goal development.
970	<a href="#">What are the Youth's Plans?</a>	No	14+	Free	30-60 min	Explores youth's goals and plans related to education, employment, and independent living.
<b>SELF-DETERMINATION (STRENGTHS, INTERESTS, AND PREFERENCES) ASSESSMENTS:</b>						
972	<a href="#">16 Personalities</a>	No	16+	Free	10-20 min	An online personality typing tool providing insights into interests and personal strengths.
973	<a href="#">Activity Card Sort</a>	Yes	16+	\$112.95 for AOTA	20-30 min	Identifies participation and preferences in daily activities.
974	<a href="#">Behavioral and Emotional Rating Scale 3rd Ed. (BERS-3)</a>	Yes	5-18	\$336 for Kit	~10 min	Assesses emotional and behavioral strengths.
975	<a href="#">Interest Checklist</a>	No	16+	Free	10-20 min	A self-report tool for identifying preferred leisure activities to guide therapeutic planning.
977	<a href="#">Interested Checklist Adapted</a>	No	12+	Free	10-20 min	A simplified interest checklist that helps individuals identify leisure preferences and engagement.
988	<a href="#">Personal Preference Indicators</a>	No	16+	Free	15-20 min	Helps identify personal preferences to support self-determination.
1000	<a href="#">Positive Personal Profile</a>	No	13+	Free	Varies (90 min+)	Also used for exploring strengths and interests.
1006	<a href="#">Preference, Interests, Needs, Strengths (PINS) for Teams</a>	No	14+	Free	30-60 min	Explores strengths, needs, preferences, and interests to guide planning.
1007	<a href="#">Short Child Occupational Profile (SCOPE)</a>	Yes	Birth-21	\$40	20-30 min	Assesses participation, strengths, and preferences in daily occupations.
<b>SOCIAL PARTICIPATION ASSESSMENTS:</b>						
1009	<a href="#">Basic Skills for Community Living</a>	No	14+	\$26	Varies	A curriculum for evaluating and teaching daily living and community skills.
1010	<a href="#">Functional Assessment for Students with Disabilities</a>	Yes	14+	\$213 for set	Varies (1-2 hr)	A comprehensive assessment and curriculum package evaluating social, functional, and community participation skills.

## Interventions:

Page	Interventions	Type of Resource	Description
<b>COMMUNITY MOBILITY INTERVENTIONS:</b>			
1012	<a href="#">Bus Travel Training Programs to Identify Active Ingredients for Learning Among Transition-Age Youth With Cognitive Deficits</a>	Qualitative Study	Examines bus travel training to improve the mobility of cognitively impaired youth.
1013	<a href="#">Chance to Ride Resources</a>	Intervention Resources	Provides curriculum and travel training resources for individuals with disabilities.

1024	<a href="#">Characteristics of Students Receiving Occupational Therapy Services in Transition/Factors Related to Postsecondary Success</a>	Quantitative Study	Examines traits of students receiving OT services and predictors of success post high school.
1033	<a href="#">Detour to the Right Place: A Study with Recommendations for Addressing the Transportation Needs/Barriers of Adults w/ ASD</a>	Mixed Methods Study	Investigates transportation challenges faced by adults with ASD in New Jersey and offers solutions.
1089	<a href="#">Driving and Community Mobility</a>	Book Chapter	Reviews driving and community mobility concepts relevant to occupational therapy practice.
1108	<a href="#">Effectiveness of a Driving and Community Mobility Intervention for Teens and Young Adults With Autism Spectrum Disorder</a>	Quantitative Study	Evaluates a driving intervention program tailored for teens and young adults with autism.
1119	<a href="#">Evaluating a Novel Approach to Community Based Instruction (CBI) in Elementary School for Students with Autism</a>	Quantitative Study	Evaluates a CBI model with real-world skill development in students with ASD through structured community experiences.
1147	<a href="#">Fourteen Pathways Between Urban Transportation and Health: A Conceptual Model and Literature Review</a>	Literature Review	Summarizes how urban transportation impacts health through multiple pathways.
1173	<a href="#">Initial Evaluation of a Public Transportation Training Program for Individuals with Intellectual and Developmental Disabilities</a>	Mixed Methods Study	Reports early findings on public transit training effectiveness for individuals with IDD.
1182	<a href="#">Opportunities to Support Community Participation of Children and Youth with Disabilities Through Consultation w/ an Urban Zoo</a>	Qualitative Case Study	Explores how zoos can be leveraged to promote community participation in youth with disabilities.
1192	<a href="#">Relationship Between Transport and Mental Health in Aotearoa New Zealand</a>	Quantitative Study	Investigates links between transport access and mental health outcomes in New Zealand.
1299	<a href="#">Transportation Resource Toolkit for Families &amp; Individuals</a>	Educational Guide	Offers practical transportation resources for families and individuals.
1337	<a href="#">Travel Patterns of American Adults with Disabilities</a>	Quantitative Study	Describes travel behavior and patterns among American adults with disabilities.
1347	<a href="#">Travel Training Curriculum</a>	Intervention Curriculum	Curriculum designed to teach travel skills to individuals with disabilities.
<b>EXECUTIVE FUNCTIONING INTERVENTIONS:</b>			
1349	<a href="#">Broadening the Occupational Therapy Toolkit: An Executive Functioning Lens for Occupational Therapy w/ Children and Youth</a>	Educational Guide	Provides an OT framework emphasizing executive functioning in pediatric practice.
1358	<a href="#">Effects of Exergaming on Executive Function and Motor Skills in Children With Autism Spectrum Disorder: A Pilot Study</a>	Quantitative Study	Assesses impact of active video games on executive function and motor skills in children with autism.
1367	<a href="#">Executive FUNctions</a>	Intervention Resources	Offers intervention tools focused on improving executive functioning skills.
1368	<a href="#">Preparation for Adulthood: Shifting Responsibility for Management of Daily Tasks From Parents to Their Children</a>	Practice-Based Article	Discusses transitioning daily task management responsibility from parents to youth.
<b>LIFE SKILLS (ADL) INTERVENTIONS:</b>			
1380	<a href="#">Characteristics of Students Receiving OT Services in Transition and Factors Related to Postsecondary Success</a>	Quantitative Study	Describes students receiving OT and factors related to successful postsecondary outcomes.
1389	<a href="#">Effectiveness of Transition Readiness Interventions by School-Based Interventions by School-Based OT Personnel</a>	Quantitative Study	Evaluates OT-led interventions aimed at improving transition readiness in school settings.
1398	<a href="#">Functional Assessment and Curriculum for Teaching Students with Disabilities</a>	Intervention Curriculum	Provides assessment and curriculum materials for teaching life skills to students with disabilities.
1399	<a href="#">Interventions to Support Transition-Age Students</a>	Practice-Based Article	Reviews interventions supporting transition-age students' success.
1402	<a href="#">Preparation for Adulthood: Shifting Responsibility for Management of Daily Tasks From Parents to Their Children</a>	Practice-Based Article	Highlights the gradual shift of daily living task responsibility from parents to young adults.
<b>SELF-DETERMINATION INTERVENTIONS:</b>			
1414	<a href="#">Effectiveness of Self-Determination Programs in Promoting Secondary Transition for Young Adults With IDD</a>	Mixed-Methods Study	Assesses self-determination program impact on transition success for young adults with intellectual disabilities.
1417	<a href="#">Effectiveness of Transition Readiness Interventions by School-Based Interventions by School-Based OT Personnel</a>	Quantitative Study	Measures the success of OT interventions focused on transition readiness and self-determination skills.
1426	<a href="#">I'm Determined</a>	Intervention Curriculum	Curriculum designed to promote self-determination skills among youth.
1427	<a href="#">Impact of an Occupation-Based Transition to College Program for Young Adults With Autism Spectrum Disorder</a>	Mixed-Methods Study	Evaluates an OT-based program supporting college transition for autistic young adults.
1428	<a href="#">Outcomes of an Environmental-Focused, Problem-Solving Intervention for Transition-Age Youth: Project TEAM</a>	Mixed-Methods Study	Evaluates a problem-solving intervention to enhance self-determination in transition-age youth.
1429	<a href="#">Middle Years to Careers Family Engagement Activity Guide 1: Promoting Student Self-Awareness</a>	Intervention Curriculum	Provides activities designed to promote self-awareness and self-determination in middle school students.
1437	<a href="#">Self-Determined Learning Model of Instruction (SDLMI)</a>	Mixed-Methods Study	Describes an instructional model promoting self-determined learning for students with disabilities.
1503	<a href="#">Transition Service in the Occupational Therapy Process for Students with Disabilities: A Systematic Review</a>	Mixed-Methods Study	Systematic review of OT transition services for students with disabilities.
1517	<a href="#">Understanding Self-Determination as a Crucial Component in Promoting the Distinct Value of OT in Post-Secondary Transition</a>	Conceptual Article	Discusses the importance of self-determination in OT's role during post-secondary transition planning.
<b>SELF-DETERMINATION (GOAL SETTING) INTERVENTIONS:</b>			
1533	<a href="#">Get Ready Do Done</a>	Intervention	A structured intervention to help youth set and achieve goals for transition success.
1534	<a href="#">Making Transition Happen from the Very Beginning: Goals to Support Transition Skills Handout</a>	Educational Guide	Provides goal-setting tools designed to support development of transition skills from early stages.
<b>SEXUALITY AND HEALTHY RELATIONSHIP INTERVENTIONS:</b>			
1544	<a href="#">Applying an Occupational Lens to Thinking About and Addressing Sexuality</a>	Practice-Based Article	Discusses how occupational therapy can address sexuality in practice.
1559	<a href="#">PLISSIT Model of Addressing Sexual Functioning</a>	Clinical Framework	Clinical framework guiding sexual health discussions and interventions.
1560	<a href="#">Positive Choices Curriculum for Individuals with IDD</a>	Intervention Curriculum	Curriculum supporting healthy sexuality and relationships for individuals with intellectual disabilities.
1567	<a href="#">Sex Education Practices for People With Intellectual and Developmental Disabilities: A Qualitative Study</a>	Qualitative Study	Explores sex education experiences and needs among individuals with intellectual and developmental disabilities.
<b>SOCIAL SKILLS INTERVENTIONS:</b>			
1576	<a href="#">Characteristics of Students Receiving OT Services in Transition and Factors Related to Postsecondary Success</a>	Quantitative Study	Examines characteristics of students receiving OT and factors linked to their success after high school.
1585	<a href="#">Communication With Companions: The Use of Video Modeling to Facilitate Social Interactions for Transition-Aged Students</a>	Quantitative Study	Evaluates video modeling as a tool to enhance social communication skills for transition-age students.
1586	<a href="#">Conversation Starters</a>	Intervention Resource	Conversation starters to promote social participation and roleplay with to use as an intervention for individuals with IDD.
1587	<a href="#">Effects of a Vocational Social-Skills Program on Psychosocial Functioning Among Young Adults With Autism</a>	Quantitative Study	Assesses how vocational social-skills training impacts psychosocial outcomes in young adults with autism.
1588	<a href="#">Functional Assessment and Curriculum for Teaching Students with Disabilities</a>	Intervention Curriculum	Provides comprehensive assessment and curriculum for teaching functional life skills to students with disabilities.
1589	<a href="#">OT Students as Near-Peer Facilitators of a Soft-Skills Intervention Program for Young Adults With Autism</a>	Mixed-Methods Study	Describes an intervention where OT students lead soft-skills groups for young adults on the autism spectrum.
1590	<a href="#">Transition Services &amp; Young Adults With Autism Spectrum Disorder</a>	Narrative Review Article	Reviews transition service models and supports for young adults with autism spectrum disorder.

## CLUSTER 4: POLICY

Exit Exam Requirements, High School Diploma Status, Inclusion in General Education, and Program of Study

### Assessments:

Page	Assessments	Standardized?	Age Range	Price	Time	Description
<b>ACADEMIC SELF-DETERMINATION ASSESSMENTS:</b>						
1593	<a href="#">Academic Self Advocacy Questionnaire</a>	No	13-22	Free	15-30 min	Measures students' ability to advocate for their academic needs and accommodations.

1594	<a href="#">Self-Determination Observation Checklist (SDOC)</a>	No	14-21	Free	15-30 min	Observational tool to assess self-determination skills in academic and daily activities.
COLLEGE READINESS ASSESSMENTS:						
1597	<a href="#">College Readiness Assessment</a>	No	High School	Free	~30 min	Evaluates preparedness for college in academic, social, and personal areas.
1599	<a href="#">Enderle-Severson Transition Rating Scale (ESTR-III)</a>	Yes	12-21	Free	~30 min	Assesses student readiness for transition to postsecondary education or employment.
1614	<a href="#">Guide to Assessing College Readiness</a>	No	High School+	Free	Varies (90 min+)	Comprehensive guide to evaluating multiple domains of college readiness.
GENERAL EDUCATION INCLUSION ASSESSMENTS:						
1621	<a href="#">School Function Assessment (SFA)</a>	Yes	5-12	\$666	1.5- 2 hr	Measures functional performance and participation in school-related activities.
LEARNING STYLES ASSESSMENTS:						
1623	<a href="#">Learning Styles Assessment</a>	No	13-22	Free	15-30 min	Identifies individual learning preferences to support effective teaching strategies.
1626	<a href="#">Learning Styles Inventory and Tips</a>	No	13-22	Free	15-30 min	Provides insights into preferred learning methods and practical tips for educators and students.
1630	<a href="#">Positive Personal Profile</a>	No	13+	Free	Varies (90 min+)	Highlights strengths and positive traits to guide personal growth and goal setting.
STRENGTHS AND WEAKNESSES ASSESSMENTS:						
1637	<a href="#">Academic Strengths Assessment</a>	No	13-22	Free	15-30 min	Helps students identify their academic strengths to support learning and self-advocacy.
1639	<a href="#">Accommodations Questionnaire</a>	No	13-22	Free	15-30 min	Collects information about needed accommodations to support academic success.
1641	<a href="#">Behavioral and Emotional Rating Scale 3rd Ed. (BERS-3)</a>	Yes	5-18	\$336 for kit	~10 min	Assesses emotional and behavioral strengths in children and adolescents.
1642	<a href="#">Secondary School Success Checklist (SSSC): Parent Version</a>	No	14-21	Free	30-60 min	Evaluates skills and supports important for successful secondary school outcomes parent version.
1653	<a href="#">Secondary School Success Checklist (SSSC): Staff Version</a>	No	14-21	Free	30-60 min	Evaluates skills and supports important for successful secondary school outcomes staff version.
1664	<a href="#">Secondary School Success Checklist (SSSC): Student Version</a>	No	14-21	Free	30-60 min	Student self-report version assessing skills for school success and transition planning.
1669	<a href="#">Things That are Difficult for Me</a>	No	13+	Free	15-30 min	Helps students identify challenges affecting academic and daily functioning.
STUDY SKILLS ASSESSMENTS:						
1671	<a href="#">Math Study Skills Inventory</a>	No	13-22	Free	15-30 min	Assesses specific skills related to math study habits and comprehension.
1673	<a href="#">Positive Personal Profile</a>	No	13+	Free	Varies (90 min+)	Emphasizes individual strengths to enhance study skills and goal achievement.
1679	<a href="#">Study Skills Assessment Questionnaire</a>	No	13-22	Free	15-30 min	Evaluates general study habits and strategies used by students.
1682	<a href="#">Study Skills Questionnaire</a>	No	13-22	Free	15-30 min	Measures students' approaches to learning and study preferences.
1684	<a href="#">Study Skills Survey</a>	No	13-22	Free	15-30 min	Provides insight into students' study routines and areas needing improvement.

## Interventions:

Page	Interventions	Type of Resource	Description
GENERAL EDUCATION INCLUSION INTERVENTIONS:			
1687	<a href="#">Characteristics of Students Receiving OT Services in Transition and Factors Related to Postsecondary Success</a>	Quantitative Study	Examines characteristics of students receiving OT during transition and factors influencing postsecondary success.
1696	<a href="#">OT's Role in Mental Health Promotion, Prevention, &amp; Intervention With Children &amp; Youth: Inclusion of Children With Disabilities</a>	Educational Guide	Outlines the occupational therapist's role in promoting mental health and inclusion of children with disabilities in education.
1700	<a href="#">To be Understood: Transitioning to Adult Life for People with Autism Spectrum Disorder</a>	Qualitative Study	Explores experiences and challenges faced by individuals with autism transitioning to adult life.
POLICY (LAW OVERVIEWS):			
1717	<a href="#">Americans with Disabilities Act (ADA) Overview</a>	Law Overview	Provides a clear, easy-to-read overview of the ADA and its protections for individuals with disabilities.
1737	<a href="#">Assistive Technology (AT) Act Overview</a>	Law Overview	Summarizes key points and resources regarding the Assistive Technology Act and its impact on individuals with disabilities.
1741	<a href="#">Developmental Disabilities Assistance and Bill of Rights Act of 2000 Overview</a>	Law Overview	Details the provisions and goals of the Developmental Disabilities Assistance and Bill of Rights Act of 2000.
1746	<a href="#">Individuals with Disabilities Education Act (IDEA) of 1997 Overview</a>	Law Overview	Reviews the major elements of IDEA 1997, focusing on educational rights and services for students with disabilities.
1748	<a href="#">Section 504 of the Rehabilitation Act Overview</a>	Law Overview	Explains protections under Section 504 that prohibit discrimination against individuals with disabilities.
1750	<a href="#">Workforce Innovation and Opportunity Act (WIOA) Overview</a>	Law Overview	Summarizes WIOA and its role in improving workforce opportunities for people with disabilities.
POLICY (TRANSITION GUIDES):			
1752	<a href="#">Transition to Employment Agency Navigation Tool</a>	Educational Guide	Tools to help individuals and families navigate agencies that support employment transition for people with disabilities.
1771	<a href="#">Navigating Life Transitions: Arizona's Transition Resource Guide</a>	Educational Guide	A comprehensive guide to resources available in Arizona to support youth with disabilities in life transitions.
1887	<a href="#">Department of Education Transition Guide to Postsecondary Education and Employment for Students and Youth with Disabilities</a>	Educational Guide	Offers federal guidelines and resources to support successful postsecondary education and employment transitions.

## OTHER RESOURCES

AOTA Resources and Documents, Choosing Assessments, Evidence-Based Articles, Organizations and Websites, and Predictors of Post School Success

### Advocacy Resources

Page	Title	Type of Resource	Description
EVIDENCE-BASED ARTICLES (BARRIERS INDIVIDUALS WITH DISABILITIES MAY FACE):			
1948	<a href="#">Boundaries and Bridges to Adult Mental Health: Critical Occupational and Capabilities Perspectives of Justice</a>	Theoretical Framework	Discusses justice and occupational rights for adults with disabilities, using occupational science and capabilities approaches.
1966	<a href="#">Closing the Gap: Identifying Quality-of-Life Disparities for Young Adults With IDD in Transition</a>	Quantitative Study	Explores disparities in quality of life for young adults with IDD during transition and highlights the need for more supports.
1969	<a href="#">Evaluating the Transportation Needs and Accessibility Issues for Adults on the Autism Spectrum in New Jersey</a>	Survey-Based Case Study	Examines transportation challenges faced by adults with autism in NJ, and the impact on independence and employment.
1994	<a href="#">Lived Experience of Sexuality Among Adults With Intellectual and Developmental Disabilities: A Scoping Review</a>	Scoping Review	Synthesizes research on how adults with IDD experience and express sexuality, identifying key themes and gaps in literature.
2007	<a href="#">Narrative Inquiry Into Postsecondary Transition Outcomes for Young Adults With Intellectual &amp; Developmental Disabilities</a>	Qualitative Study	Explores lived experiences of postsecondary transition among youth with IDD, highlighting facilitators and barriers.
2008	<a href="#">OT and Teachers' Differing Beliefs About How They Can Assist Continuation High School Students' Transition</a>	Mixed-Methods Study	Investigates differing perspectives of OTs and teachers on their roles in supporting students' postsecondary transition.
2027	<a href="#">Predictors of Successful Transition from School to Employment for Youth with Disabilities</a>	Quantitative Study	Factors that contribute to successful employment outcomes for youth with disabilities, including predictors and implications.

2039	<a href="#">Recommendations for Postsecondary Transitions for Autism Spectrum Disorder Based on Family Experiences</a>	Qualitative Study	Offers evidence-based recommendations for improving transition supports for youth with ASD, grounded in family experiences.
2040	<a href="#">Sexuality Among Adolescents and Young Adults With Intellectual Disability: Knowledge, Attitude, and Practices</a>	Quantitative Survey Study	Investigates knowledge, attitudes, and behaviors around sexuality among adolescents and young adults with IDD.
2046	<a href="#">Systematic Review of Barriers and Facilitators of Disability Disclosure and Accommodations for Youth Post-Secondary</a>	Systematic Review	Analyzes factors influencing whether youth with disabilities disclose their disabilities and seek accommodations postsecondary.
2078	<a href="#">Transportation Brokerage Services and Medicaid Beneficiaries' Access to Care</a>	Quantitative Study	Explores how transportation services impact healthcare access for Medicaid recipients, including individuals with disabilities.
<b>EVIDENCE-BASED ARTICLES (EXISTING KNOWLEDGE OF THE AMOUNT OF OTS IN POSTSECONDARY TRANSITION):</b>			
2096	<a href="#">High School Transition Team Members' Perception of Occupational Therapy-Conducted Transition Assessments</a>	Qualitative Study	Explores team members' views on OT-led assessments in high school transition planning.
2099	<a href="#">Occupational Therapy in Transitioning Adolescents to Post-Secondary Activities</a>	Descriptive/Practice Report	Outlines OT approaches to supporting adolescents transitioning to postsecondary education and employment.
2106	<a href="#">Scoping Review of School-to-Work Transition for Youth With Intellectual Disabilities: A Practice Gap</a>	Scoping Review	Identifies gaps in practice and research regarding school-to-work transitions for youth with intellectual disabilities.
<b>EVIDENCE-BASED ARTICLES (ROLE OF OT IN POSTSECONDARY TRANSITION PROGRAMS):</b>			
2130	<a href="#">Characteristics of Students Receiving OT Services in Transition and Factors Related to Postsecondary Success</a>	Quantitative Study	Analyzes characteristics of students receiving OT services and identifies factors linked to successful transitions.
2139	<a href="#">Effectiveness of Transition Readiness Interventions by School-Based Occupational Therapy Personnel</a>	Systematic Review	Evaluates effectiveness of OT-led interventions aimed at improving transition readiness in school settings.
2148	<a href="#">Establishing OT's Role in Transition Through Statewide Initiatives</a>	Program Evaluation	Describes how statewide efforts help define and expand OT roles in school transition services.
2149	<a href="#">OT and Teachers' Differing Beliefs About How They Can Assist Continuation High School Students' Transition Postsecondary</a>	Mixed-Methods Study	Compares beliefs of OTs and teachers about their roles in supporting transitions for non-traditional students.
2168	<a href="#">OT Services in Facilitating Work Participation and Performance</a>	Program Description	Discusses how OT supports work participation and vocational outcomes for individuals with disabilities.
2181	<a href="#">Qualitative Study of Occupational Therapy's Role in Adolescent Transition in a Midwestern Coalition of Many School Districts</a>	Qualitative Study	Examines how OT practitioners in a regional coalition perceive and implement their roles in adolescent transitions.
2196	<a href="#">Role of the School-Based Occupational Therapist in Secondary Education Transition Planning: A Pilot Survey Study</a>	Pilot Survey Study	Surveys school-based OTs about their involvement and perceived effectiveness in secondary transition planning.
2204	<a href="#">School-Based Occupational Therapists' Roles Supporting Transitions Into and Throughout Kindergarten to Grade 12</a>	Mixed-Methods Study	Reviews the roles of school-based OTs across transitions from early education through secondary school.
2216	<a href="#">Scoping Review of School-to-Work Transition for Youth With Intellectual Disabilities: A Practice Gap</a>	Scoping Review	Reviews literature on school-to-work transitions for youth with IDD and identifies critical practice gaps and implications for OT.
2239	<a href="#">Transition Service in the Occupational Therapy Process for Students with Disabilities: A Systematic Review</a>	Systematic Review	Synthesizes current evidence on how OT contributes to transition services for students with disabilities.
<b>HANDOUTS EXPLAINING OTS' ROLE IN POSTSECONDARY TRANSITION</b>			
2254	<a href="#">Administrators &amp; Teachers in Transition Handout Explaining OTs Role</a>	Handout	Handout explaining and advocating for OTs' role in postsecondary transition targeted to school administrators and teachers.
2255	<a href="#">Caregivers of Individuals in Transition Handout Explaining OTs Role</a>	Handout	Handout explaining and advocating for OTs' role in postsecondary transition targeted to caregivers of individuals in transition.
2256	<a href="#">Individuals in Transition Handout Explaining OTs Role</a>	Handout	Handout explaining and advocating for OTs' role in postsecondary transition targeted to individuals in transition.
2257	<a href="#">OTs in Transition Handout Explaining OTs Role</a>	Handout	Handout explaining and advocating for OTs' role in postsecondary transition targeted to occupational therapists.

## AOTA Resources and Documents:

Page	Title	Type of Resource	Description
2259	<a href="#">Crucial Need for Occupational Therapy to Prioritize Postsecondary Transition</a>	Call to Action	An AOTA journal article advocating for increased OT involvement in postsecondary transition planning and services.
2265	<a href="#">FAQ: Occupational Therapy's Role in Transition Services and Planning</a>	FAQ Document	A comprehensive FAQ document outlining the role of OTs in transition planning and services for students with disabilities.
2269	<a href="#">Joint Statement on Interprofessional Collaborative Goals in School-Based Practice</a>	Policy/Guidance Document	A joint statement emphasizing the importance of school-based interprofessional collaboration to improve student outcomes.
2274	<a href="#">Role of Occupational Therapy in Postsecondary Transition Planning</a>	Webinar Handout	A handout from a Therapro webinar detailing the contributions OT can make to effective postsecondary transition planning.
2339	<a href="#">Students With Disabilities in Postsecondary Education Settings: How OT Can Help</a>	AOTA Fact Sheet	A fact sheet highlighting how OT supports students with disabilities in navigating postsecondary education environments.
2341	<a href="#">Transition Microcredential</a>	Professional Development	A microcredential from AOTA designed to advance OT practitioners' skills in transition planning for youth and young adults.
2342	<a href="#">Transitions for Children and Youth How Occupational Therapy Can Help</a>	Informational Brochure	A parent- and educator-friendly brochure describing how OT supports children and youth during major life transitions.

## Choosing Assessments:

Page	Title	Type of Resource	Description
2346	<a href="#">Age-Appropriate Transition Assessments and Resources</a>	Web Resource Hub	Tools/resources for conducting age-appropriate transition assessments to support IEP development and postsecondary planning.
2369	<a href="#">Evaluation Options for Secondary Transition Planning</a>	Literature Review	Reviews different evaluation methods and tools used in secondary transition planning for students with disabilities.
2376	<a href="#">Exploring the Applicability of OT Transition Assessments for Students with Disabilities</a>	Qualitative Study	Investigates how OT-based assessments can be applied in transition planning for students with disabilities.
2384	<a href="#">Latent Parallel Analysis and Ordinal Exploratory Factor Analysis of the VocFit Assessment</a>	Quantitative Study	Presents statistical validation and factor analysis of the Vocational Fit Assessment used in transition planning.
2386	<a href="#">Psychometric Properties of PEDI-PRO: Accessible Self-Reported Measure of Functional Abilities for Transition-Age Youth w/ IDD</a>	Quantitative Study	Evaluates the reliability and validity of the PEDI-PRO, a self-report tool for measuring functional abilities of youth with IDD.
2386	<a href="#">Transition Assessment Process: A Guide for Developing Postsecondary Goals</a>	Best Practice Manual	Provides a structured approach to selecting and using transition assessments for developing postsecondary goals in the IEP.
2419	<a href="#">Transition Assessment Self-Reflection Tool</a>	Self-Assessment Tool	Structured reflection form to help educators evaluate current transition assessment practices and identify areas for improvement.

## Organizations and Websites:

Page	Title	Type of Resource	Description
2427	<a href="#">American Association of People with Disabilities (AAPD)</a>	Advocacy Organization	Promotes equal opportunity, economic power, independent living, and political participation for people with disabilities.
2428	<a href="#">Bright Futures</a>	Assessment/Planning Tool	Provides career planning, work-based learning, and assessment tools for students with disabilities and educators.
2429	<a href="#">Career OneStop</a>	Job Search Tool	Offers tools for career exploration, job training, resume writing, and employment search by the U.S. Department of Labor.
2430	<a href="#">Center on Transition Innovations (CTI)</a>	Research/Training Center	Provides resources, professional development, and evidence-based practices to support transition planning.
2431	<a href="#">Enable America</a>	Employment Support	Organization that works to improve employment opportunities for people with disabilities through partnerships and mentoring.
2432	<a href="#">National Parent Center on Transition and Employment</a>	Family Support Resource	Offers resources for families on transition planning, employment, postsecondary education, and independent living.
2433	<a href="#">National Technical Assistance Center on Transition (NTACT:C)</a>	Tech. Assistance Center	Provides tools and resources to improve post-school outcomes for students with disabilities.
2434	<a href="#">Occupational Information Website (O'NET)</a>	Occupational Database	A comprehensive career database providing detailed information about job requirements, skills, and labor market trends.
2435	<a href="#">Project SEARCH</a>	Employment Training	A transition-to-work program for students with significant disabilities, combining classroom instruction with workplace internships.
2436	<a href="#">Project TEAM: Teens Making Environment and Activity Modifications</a>	Self-Advocacy Curriculum	A research-based curriculum that teaches youth with disabilities to make environmental modifications to increase participation.
2437	<a href="#">REACH Collective</a>	Travel Training Curriculum	Provides materials to support travel training and community access for youth with intellectual and developmental disabilities.
2438	<a href="#">Think College</a>	Postsecondary Ed. Resource	Provides information, training, and support on inclusive higher education for individuals with intellectual disabilities.

2439	<a href="#">Transition Coalition</a>	Educator Training Platform	Offers free online professional development and transition resources for educators and transition professionals.
2440	<a href="#">Transition of Students With Disabilities To Postsecondary Education: A Guide for High School Educators</a>	Federal Guidebook	U.S. Department of Education guide offering strategies to help students with disabilities transition to postsecondary education.
2441	<a href="#">Transition Tennessee (Transition TN)</a>	Training & Resource Portal	Provides free online training and transition planning resources tailored for Tennessee educators and families.
2442	<a href="#">VocFit</a>	Vocational Assessment Tool	Online assessment tool that matches individuals with disabilities to employment options based on strengths and preferences.
2443	<a href="#">Workforce Recruitment Program (WRP)</a>	Federal Employment	A recruitment and referral program that connects federal employers with college students and recent graduates with disabilities.

### Predictors of Post-School Success:

Page	Interventions	Type of Resource	Description
2445	<a href="#">Crucial Need for Occupational Therapy to Prioritize Postsecondary Transition</a>	Call to Action	An AOTA journal article advocating for increased OT involvement in postsecondary transition planning and services.
2451	<a href="#">Evidence-Based Predictors of Post-School Success</a>	Professional Practice	Highlights evidence-based practices and predictors that support successful transitions from school to post-school environments.
2453	<a href="#">NSTTAC Indicator 13 Checklist: Form B (Enhanced for Professional Development)</a>	Checklist	Detailed checklist designed to guide educators through compliance with Indicator 13, focusing on transition planning.
2458	<a href="#">NTACTC Indicator 13 Checklist: Form A</a>	Checklist	Indicator 13 checklist for use in monitoring and evaluating IEPs for compliance with federal transition requirements.
2464	<a href="#">NTACTC Indicator 13 Checklist – Form B (Enhanced for Professional Development)</a>	Checklist	Form A checklist provides additional guidance to support professional learning and improved IEP development.
2471	<a href="#">Predictor Implementation School/District Self-Assessment Instructions and Action Planning Guide</a>	Assessment Guide	Instructions and planning strategies for districts to assess and implement evidence-based predictors of post-school success.
2481	<a href="#">Predictor Implementation School/District Self-Assessment</a>	Self-Assessment Tool	A tool used by schools/districts to evaluate their implementation of key transition practices and identify areas for improvement.
2527	<a href="#">Secondary Transition Predictors of Postschool Success: An Update to the Research Base</a>	Journal Article	Secondary transition predictor updates, reinforcing practices leading to positive postschool outcomes for students with disabilities.