

Manual Table of Contents

CLUSTER 1: CAREER DEVELOPMENT

Career Awareness, Occupational Courses, Paid Employment/Work Experience, Career Technical Education, and Work Study

Assessments:

Page	Assessments	Standardized?	Age Range	Price	Time	Description
CAREER EXPLORATION ASSESSMENTS:						
20	123 Career Test	No	15+	Free	~10 min	A free career aptitude test that matches your personality to suitable professions using Holland Codes.
21	California CareerZone	No	13+	Free	~30 min	An online platform offering assessments and tools to explore careers, wages, and job openings.
22	Career Ability Placement Survey (CAPS)	Yes	14+	\$270	~50 min	A norm-referenced assessment measuring abilities across eight dimensions to align with vocational fields.
23	Career Bridge	No	Middle-High School	Free	15-30 min	A quiz to help students discover suitable careers based on their talents and interests.
24	Career Clueless	No	Middle School	Free	~20 min	An activity where students identify their RIASEC career code by circling preferred subjects and activities.
26	Career Clues About Me	No	High School+	Free	~60 min	A self-assessment tool to help students understand their interests and strengths for career planning.
31	Career Clusters Interest Survey	No	Middle School+	Free	~15 min	A survey to identify career clusters that match students' interests and personal qualities.
37	Career Cruiser	No	High School	Free	~60 min	A guide with activities to help students explore careers and plan their high school courses accordingly.
63	Career Decision-Making System Revised (CDM-R)	Yes	12+	\$61	20-40 min	A self-scored assessment helping individuals identify their occupational interests, values, and abilities.
64	Career Interest Inventory	Yes	15+	Varies	~40 min	An inventory used by counselors to help individuals identify their interests for career decision-making.
68	Career Interests, Preferences, Strengths Inventory (CIPSI)	Yes	13+	\$107	15-30 min	Inventory providing exploration experiences to help students examine their interests and strengths in relation to career clusters.
69	Career OneStop Interest Assessment	No	16+	Free	~5 min	A quick assessment to match your interests with potential career paths.
70	Data vs. People vs. Things	No	14+	Free	~10 min	A sorting activity to help individuals understand if they prefer working with data, people, or things.
72	Employment Support Indicators	No	High School+	Free	Varies	A tool designed to identify supports needed to help individuals sustain work activity and prepare for work changes.
78	Environmental Job Assessment Measure (E-JAM)	No	High School+	Free	10 min	An assessment where respondents rate environmental clusters to identify suitable job areas.
82	Holland Code Quiz	No	14+	Free	~10 min	A quiz to help individuals discover their Holland Code and suitable career options.
83	O*NET Interest Profiler	Yes	16+	Free	~20 min	An assessment that helps individuals discover their interests and how they relate to the world of work.
84	Pictorial Interest Inventory	Yes	10+	Free	~30 min	An inventory using pictures to help individuals identify their career interests.
103	Positive Personal Profile	No	13+	Free	Varies (90 min+)	A tool to help individuals identify their strengths, preferences, and interests for employment planning.
109	VocFit	Yes	18+	Free	~15 min	An assessment that matches individuals' abilities and preferences with suitable job options.
COLLEGE READINESS ASSESSMENTS:						
111	College Readiness Assessment	No	High School	Free	~30 min	Assesses students' academic preparedness and readiness for college.
113	Enderle-Severson Transition Rating Scale (ESTR-III)	Yes	12-21	Free	~30 min	Evaluates transition readiness across employment, education, and independent living.
128	Guide to Assessing College Readiness	No	High School+	Free	Varies (90 min+)	A comprehensive guide to assess multiple domains of college readiness.
WORK READINESS AND EMPLOYMENT ASSESSMENTS:						
135	Basic Skills for Community Living	No	14+	\$26	Varies	Assesses and teaches skills for independent community living for students with visual impairments.
136	Becker Work Adjustment Profile 2nd Edition (BWAP-2)	Yes	14+	\$113	~20 min	Measures work adjustment and behavioral skills necessary for employment.
137	Community-based Skills Assessment (CSA)	No	12+	Free	30-60 min	Assesses functional, social, and job-related skills in community settings.
195	Employability Skills 2000+ Self-Rating	No	High School+	Free	15-20 min	Self-assessment for evaluating readiness in employability skills.
198	Employability Skills Checklist	No	High School+	Free	15-20 min	Checklist of key employability competencies and behaviors.
200	Employability Skills Checklist	No	High School+	Free	15-20 min	Checklist for evaluating skills needed for employment success.
202	Employability Skills Rubric	No	High School+	Free	Varies (90 min+)	Rubric for assessing employability traits and workplace behaviors.
203	Employability/Life Skills Assessment	No	14-21	Free	15-20 min	Assesses student's current skills related to employment and independent living.
211	Employability/Life Skills Assessment (ELSA): Family	No	6-21	Free	15-20 min	Assesses life and employability skills from a family member's perspective.
220	Employability/Life Skills Assessment (ELSA): Professional	No	6-21	Free	15-20 min	Assesses life and employability skills from a professional's perspective.
229	Employment Support Indicators	No	High School+	Free	15-20 min	Identifies needed supports for successful employment transition.
235	Enderle-Severson Transition Rating Scale (ESTR-III)	Yes	14-21	Free	30-60 min	Measures readiness for transition planning in key life areas.
250	Functional Assessment for Students with Disabilities	Yes	14+	\$213 for set	Varies (1-2 hr)	Provides a functional assessment and curriculum for students with disabilities.
251	Job Readiness Survey	No	High School+	Free	15-20 min	Surveys a student's understanding of job-seeking and job-keeping skills.
255	Practical Assessment Exploration System (PAES)	Yes	14+	\$1,295-\$26,195	90 hr total	Comprehensive system to assess vocational skills through real-world tasks.
256	Transition Behavior Scale 3rd Ed. (TBS-3)	Yes	12-18	\$237 for kit	~15 min	Evaluates social and behavioral readiness for transition.
266	VocFit	Yes	18+	Free	~15 min	Matches personal traits to job demands using vocational assessments.
267	Work Personality Profile	No	High School+	Free	~15 min	Self-assessment of interests and preferences related to work.
269	Work Readiness Inventory	No	High School+	Free	~15 min	Assesses attitudes and behaviors that influence work readiness.
285	Work Readiness Tool	No	High School+	Free	30-60 min	Measures skills and behaviors linked to work success.
288	WORKS Performance Assessment	Yes	High School+	Free	~15 min	Evaluates student performance in workplace readiness tasks.

Interventions:

Page	Interventions	Type of Resource	Description
COLLEGE INTERVENTIONS:			
290	Accessible College	Website w/ Resources	A platform offering college preparation and transition support for students with physical disabilities and health conditions.
291	College 101: Supporting College Readiness Skills Among Students With IDD	Quantitative Study	Assesses college readiness and self-determination skills of transition students with IDD through a weeklong program.
292	Developing Inclusive Higher-Education (IHE) Programs for Youth With IDD	Practice-Based Article	Explores development of inclusive higher education programs for IDD, faculty/staff training on educational accommodations.
293	Multidimensional Strategies for Overcoming Time-Related Challenges of Transition-Age Students w/ L/AD	Qualitative Study	Describes strategies used by students to compensate for time-related challenges across multiple domains.
294	Navigating the Hidden Curriculum of Higher Education for Postsecondary Students With Intellectual Disabilities	Qualitative Case Study	Examines experiences of students with IDD attending a postsecondary education program and stakeholder perspectives.
303	Progression and Changes in Disability Identity During Transition to Adult Roles for College Students w/ L/AD	Mixed-Methods Study	Indicates positive changes in disability identity over time and suggests benefits from holistic campus-based interventions.
304	Student College Resource Guide	Educational Guide	Provides resources and guidance for students with intellectual disabilities navigating college.
334	Survey of College Personnel: Preparedness to Serve Students With Autism Spectrum Disorder	Quantitative Study	Evaluates the preparedness of college personnel to serve students with Autism Spectrum Disorder.
JOB SKILLS INTERVENTIONS:			
341	21st Century Workplace Readiness Skills for the Commonwealth	Handout/Resource	22 competencies including personal qualities, interpersonal skills, and professional abilities to prepare for employment.
342	Effectiveness of Transition Readiness Interventions by School-Based Interventions by School-Based OTs	Quantitative Study	Assesses the effectiveness of school-based occupational therapy interventions in preparing students for transition.
351	Get to Work Group for High School Students	Program Description	Describes a program designed to prepare high school students with disabilities for employment through group interventions.
355	School Based Occupational Therapy Supports Transition to Adulthood 14 In-School Job Ideas for Students	Handout	Offers practical job ideas within school settings to support students' transition to adulthood.
356	Work-focused Interventions That Promote the Labour Market Transition of Young Adults w/ Chronic Disabling Health Conditions	Systematic Review	Reviews interventions that facilitate the transition of young adults with disabilities into the labor market.
WORK READINESS AND EMPLOYMENT INTERVENTIONS:			
367	Characteristics of Students Receiving OT Services in Transition and Factors Related to Postsecondary Success	Quantitative Study	Analyzes characteristics of students receiving OT during transition and their relation to postsecondary success.
376	Get to Work Group for High School Students	Program Description	Describes a program designed to prepare high school students with disabilities for employment through group interventions.
380	Impact of Video Modeling and Scenario-Based Learning on Work Readiness for Transition-Age Students With Disabilities	Quantitative Study	Effectiveness of video modeling/scenario-based learning on work readiness among transition-age students with disabilities.
381	Interventions to Support Transition-Age Students	Practice-Based Article	Discusses various interventions aimed at supporting students transitioning from school to adulthood.
384	Transition Services & Young Adults With Autism Spectrum Disorder	Practice Article	Explores transition services tailored for young adults with Autism Spectrum Disorder.

CLUSTER 2: COLLABORATIVE SYSTEMS

Interagency Collaboration, Parental Expectations and Involvement, Student Support, and Transition Programs

Assessments:

Page	Assessments	Standardized?	Age Range	Price	Time	Description
INTERPROFESSIONAL ASSESSMENTS:						
388	Behavioral and Emotional Rating Scale 3rd Ed. (BERS-3)	Yes	5-18	\$336 for kit	~10 min	Measures emotional and behavioral strengths that support personal and social functioning.
389	Employability/Life Skills Assessment (ELSA): Professional	No	6-21	Free	15-20 min	Evaluates life and work-related skills from a professional's perspective.
398	Positive Personal Profile	No	13+	Free	Varies (90 min+)	Gathers comprehensive personal information to support career planning and job development.
404	Preference, Interests, Needs, Strengths (PINS) for Teams	No	14+	Free	30-60 min	Team-based tool to identify and organize student preferences and support needs.
405	School Function Assessment (SFA)	Yes	5-12	\$666	1.5- 2 hr	Measures a student's performance of functional tasks that support participation in academic and social aspects of school.
406	Transition Planning Inventory (TPI)	Yes	14-21	\$400	15-30 min	Assesses transition needs and readiness in areas such as employment, education, and daily living.
407	What are the Youth's Plans?	No	14+	Free	30-60 min	Supports team discussions and planning around a youth's goals and transition outcomes.
PARENT/CAREGIVER ASSESSMENTS:						
409	AIR Self-Determination Scale: Parent Form	Yes	8-22	Free	~30 min	Assesses self-determination abilities and opportunities from the parent's perspective.
416	Behavior Rating Inventory of Executive Function 2nd Ed. (BRIEF-2)	Yes	5-18	\$436-772	~10 min	Measures executive functioning behaviors in home and school environments.
417	Behavioral and Emotional Rating Scale 3rd Ed. (BERS-3)	Yes	5-18	\$336	~10 min	Evaluates a child's behavioral and emotional strengths through parent input.
418	Employability/Life Skills Assessment (ELSA): Family	No	6-21	Free	15-20 min	Evaluates life and employability skills from the perspective of a family member.
427	Independent Living Skills Checklist (ILS)	No	14+	Free	30-60 min	Assesses skills for independent living including personal, home, and money management.
443	Parents of Teenagers Survival Checklist	No	13-19	Free	~20-30 min	Helps parents evaluate their teen's readiness for independence and adult responsibilities.
447	Secondary School Success Checklist: Parent Version (SSSC)	No	14-21	Free	~30-60 min	Assesses secondary school success indicators from the parent's perspective.
458	Transition Planning Inventory	Yes	14-21	\$400	15-30 min	Comprehensive tool for assessing transition readiness and needs from multiple perspectives.

Interventions:

Page	Interventions	Type of Resource	Description
HEALTHCARE INTERVENTIONS:			
460	User-Centered Design of Mobile Health System to Support Transition-Age Youth With Epilepsy and Their Caregivers	Qualitative Study	Examines development of a mobile health system designed with input from youth with epilepsy and their caregivers.
INTERAGENCY COLLABORATION INTERVENTIONS:			
462	A Qualitative Study of the Transition From an Educational Setting to Adulthood for Youth With IDD	Qualitative Study	Explores experiences of youth with intellectual and developmental disabilities transitioning from school to adulthood.
463	Effectiveness of Transition Readiness Interventions by School-Based Interventions by School-Based OTs	Quantitative Study	Evaluates the impact of school-based occupational therapy interventions on transition readiness in youth.
472	Experience of Direct-Care Providers Who Support Young Adults w/ Disabilities During Transition From School To Adult Life	Qualitative Study	Explores perspectives of direct-care providers supporting young adults with disabilities transitioning into the community.
477	Multi Agency Transition Planning Person Centered Thinking and Backwards Planning Guide	Educational Resource	A practical guide for multi-agency collaboration in person-centered transition planning for youth.

487	Parent and School Personnel Priorities and Approaches to Supporting Transition-Age Youth With ASD	Qualitative Study	Investigates priorities of parents and school personnel in supporting youth with autism transitioning to adulthood.
488	Research & Intervention Priorities for Transition-Age Youth & Young Adults With IDD from the Perspectives of Community	Environmental Scan	Summarizes community partners' views on research and intervention priorities for youth with intellectual disabilities.
489	School-Based Occupational Therapists' Roles Supporting Transitions Into and Throughout Kindergarten to Grade 12	Scoping Review	Reviews the roles of school-based OTs in supporting student transitions from kindergarten through high school.
MENTORSHIP INTERVENTIONS:			
502	Perspectives on Inclusion: Near-Peer Mentoring Relationships Between College Students With & Without IDD	Qualitative Study	Examines how peer mentoring promotes relationships and inclusion for students with IDD in higher education settings.
PARENT EXPECTATIONS AND INVOLVEMENT INTERVENTIONS:			
504	A Qualitative Study of the Transition From an Educational Setting to Adulthood for Youth With IDD	Qualitative Study	Explores experiences of youth with intellectual and developmental disabilities transitioning from school to adulthood.
505	Perspectives on Disability Studies and Advocacy From Parents of Transition-Age Youth With Autism Spectrum Disorder	Qualitative Study	Presents parental views on disability studies and advocacy for youth with autism during transition to adulthood.
506	Phenomenological Study of the Transition Process for Adolescents With Intellectual and Developmental Disabilities	Qualitative Study	Investigates lived experiences of adolescents with intellectual disabilities during their transition to adulthood.
516	Pilot Test of the Maximizing Adolescent Post-Secondary Success (MAPSS) Intervention: Supporting Parents of Autistic Youth	Pilot Study	Tests a pilot intervention aimed at helping parents support autistic youth's post-secondary success.
527	Recommendations for Postsecondary Transitions for Autism Spectrum Disorder Based on Family Experiences	Qualitative Study	Shares family-informed recommendations for improving postsecondary transitions for youth with autism.
528	To be Understood: Transitioning to Adult Life for People with Autism Spectrum Disorder	Qualitative Study	Explores challenges and facilitators faced by individuals with autism during transition to adulthood.
544	Understanding Caregiver Experiences: Examining Transition Out of the Educational System for Children w/ Cognitive Disabilities	Mixed-Methods Study	Examines caregiver perspectives on children's transition out of school for those with cognitive disabilities.
PERSON CENTERED PLANNING INTERVENTIONS:			
546	Following Your Hopes and Dreams: A Longitudinal Study of Adults With IDD in Transition to Community-Based Supports	Longitudinal Study	Follows adults with intellectual disabilities over time as they move into community-based support services.
547	Person-Centered Interventions for Autistic Adults Ages 18+ (2013–2021)	Scoping Review	Reviews interventions focused on person-centered support for autistic adults aged 18 and older.
555	To be Understood: Transitioning to Adult Life for People with Autism Spectrum Disorder	Qualitative Study	Explores challenges and facilitators faced by individuals with autism during transition to adulthood.

CLUSTER 3: STUDENT SKILLS

Self Care and Independent Living Skills, Self-Determination/Self Advocacy, Self-Realization, Social Skills, Travel Skills, and Community Experiences, Goal Setting, Technology Skills, Psychological Empowerment, Youth Autonomy/Decision Making

Assessments:

Page	Assessments	Standardized	Age Range	Price	Time	Description
COMMUNITY MOBILITY ASSESSMENTS:						
573	Checklist of Community Mobility Skills (CCMS)	No	11-21	Free	1-2 hr	Assesses skills on community mobility including pedestrian safety, using public and private transportation, and navigation.
574	Transition Behavior Scale 3rd Ed. (TBS-3)	Yes	12-18	\$237 for kit	~15 min	Assesses behaviors and social-emotional skills that impact successful transitions: community participation and responsibility.
EXECUTIVE FUNCTIONING ASSESSMENTS:						
585	Behavioral and Emotional Rating Scale 3rd Ed. (BERS-3)	Yes	5-18	\$336 for kit	~10 min	Measures personal strengths and competencies in adolescents, focusing on executive functioning and emotional regulation.
586	Executive Function Performance Test (EFPT)	Yes	13+	Free	30-45 min	Examines real-world executive function skills such as organization, sequencing, safety, and initiation.
587	Weekly Calendar Planning Activity (WCPA)	Yes	12-94	\$112.95 for AO	~30 min	Evaluates executive function through a task entering appointments in a weekly calendar while managing rules and distractions.
HEALTH AND WELLNESS ASSESSMENTS:						
589	Healthcare Transition Skills Checklist	No	14-25	Free	10-20 min	Identifies healthcare management skills needed for youth to transition from pediatric to adult healthcare systems.
590	Transition Readiness Changing Roles for Youth	No	14-25	Free	15-25 min	Assesses a youth's readiness to assume responsibility in healthcare decision-making during the transition to adult care.
LEISURE ASSESSMENTS:						
592	Activity Card Sort	Yes	18-15	112.95 for AOTA	~20 min	Assesses participation in various leisure and instrumental activities to support client-centered goal planning.
593	Basic Skills for Community Living	No	14+	\$26	Varies	A curriculum tool assessing functional and leisure skills necessary for independent community living.
594	Enderle-Severson Transition Rating Scale (ESTR-III)	Yes	14–21	Free	30-60 min	Provides a comprehensive view of a student's transition readiness including leisure and recreation involvement.
609	Functional Assessment for Students with Disabilities	Yes	14+	13 for complete	Varies (1-2 hr)	Evaluates functional and leisure skills in students with disabilities and guides curriculum development.
610	Interest Checklist	No	16+	Free	10-20 min	A self-report tool for identifying preferred leisure activities to guide therapeutic planning.
612	Interested Checklist Adapted	No	12+	Free	10-20 min	A simplified interest checklist that helps individuals identify leisure preferences and engagement.
623	Leisure and Recreation Post-Participation Rating Scale	No	16+	Free	10-20 min	Measures satisfaction and engagement following participation in leisure and recreation activities.
624	Leisure and Recreation Survey	No	16+	Free	10-20 min	Assesses current and desired involvement in leisure and recreation activities.
627	Leisure Interest Assessment	No	12+	Free	10-20 min	A self-report tool identifying interests across various leisure activities to guide meaningful engagement and transition planning.
LIFESKILLS/ADL ASSESSMENTS:						
641	Adolescent Autonomy Checklist	No	11-21	Free	10-20 min	Evaluates an adolescent's level of independence in life skills relevant to daily living and transition.
647	Assessment of Functional Living Skills (AFLS)	Yes	2+	\$279.99	4-10 hr total	An extensive tool covering multiple domains such as community participation, home skills, and vocational tasks.
648	Barthel Index	Yes	18+	Free	20-30 min	Measures a person's independence in mobility and personal care ADLs.
650	Basic Skills for Community Living	No	14+	\$26	Varies	A curriculum for evaluating and teaching daily living and community skills.
651	BRIGANCE Transition Skills Inventory	Yes	13-22	\$493.65	20-40 min	Assesses academic and functional skills across domains like health, daily living, and employability.
653	Casey Life Skills (CLS)	Yes	14-21	Free	30-40 min	Measures the life skills of youth preparing to transition to adulthood including money management, self-care, and housing.
669	Employability/Life Skills Assessment (ELSA): Family	No	6–21	Free	15-20 min	Evaluates a child's life and employment readiness skills from a family perspective.
678	Employability/Life Skills Assessment (ELSA): Professional	No	6–21	Free	15-20 min	Provides professional assessment of youth's life and employment readiness skills.
688	Enderle-Severson Transition Rating Scale (ESTR-III)	Yes	14–21	Free	30-60 min	A multi-domain assessment of transition readiness including daily living and self-care skills.
702	Functional Assessment for Students with Disabilities	Yes	14+	\$213	Varies (1-2 hr)	Comprehensive tool assessing functional academic, daily living, and vocational skills.
703	Independent Living Skills Checklist	Yes	Norm 65+	\$531.2 for kit	45 min	Measures adult competence in managing money, health, transportation, and home management.
737	Katz Index of Independence in Activities of Daily Living (ADL)	Yes	18-64	Free	10-15 min	Evaluates basic daily living skills including bathing, dressing, and toileting.
739	Life Skills Inventory	No	15-16	Free	20-30 min	A self-assessment tool identifying strengths and areas of need in independent living skills.

748	Occupational Self Assessment (OSA)	Yes	18+	\$40	~20 min	Helps clients self-assess competence and values in daily living activities.
749	Parents of Teenagers Survival Checklist	No	13–19	Free	20–30 min	Tool for parents to identify daily living and independence skills their teen has or needs.
753	PEATC Life Skills Checklist	No	14–22	Free	15–30 min	Covers domains like money management, cooking, hygiene, and transportation for transition-age youth.
761	Pediatric Evaluation of Disability Inventory (PEDI-PRO)	Yes	14–22	\$171.55 for 25	45–60 min	Captures functional performance in youth with disabilities across daily living tasks.
762	Performance Assessment of Self-Care Skills (PASS)	Yes	16+	\$153.58	45–60 min	Observational assessment of ADL and IADL task performance in real or simulated environments.
763	RENEW Youth Portfolio	No	14–21	Free	3–6 hr total	A person-centered planning tool supporting youth in identifying and developing transition-related skills.
785	Roll Evaluation of Activities of Life (REAL)	Yes	2–18	\$143.90 for kit	30–45 min	Measures ADLs and IADLs in children and adolescents for intervention planning.
786	Survival Checklist	No	14+	Free	10–20 min	A quick checklist identifying necessary life skills for transition-age youth.
787	Transition Readiness Assessment Questionnaire (TRAQ)	No	14–25	Free	10–20 min	Screens youth for preparedness to transition to adult services and living situations.
788	Vineland Adaptive Behavior Scales 3rd Ed. (Vineland-3)	Yes	Birth–90	\$267.6 for kit	60–90 min	Measures adaptive behavior in communication, daily living skills, and socialization.
789	Waisman Activities of Daily Living Scale (W-ADL)	Yes	14+	Free	~10 min	Focuses on daily living abilities of youth with developmental disabilities.
ROLE ASSESSMENTS:						
791	Role Checklist Version 3 (RCV3)	Yes	14+	\$44	10–15 min	Measures an individual's participation in and value of various social roles in past, present, and future contexts.
792	Roll Evaluation of Activities of Life (REAL)	Yes	2–18	\$143.90 for kit	30–45 min	Assesses role performance through evaluation of ADL and IADL competence in children and teens.
SELF-DETERMINATION ASSESSMENTS:						
794	Adolescent Autonomy Checklist	No	11–21	Free	~30 min	A self-report tool assessing independence and decision-making skills across daily living and social contexts.
796	AIR Self-Determination Scale: Educator Form	Yes	8–22	Free	~30 min	A reliable assessment evaluating self-determination behaviors and skills from multiple perspectives.
804	AIR Self-Determination Scale: Parent Form	Yes	8–22	Free	~30 min	A reliable assessment evaluating self-determination behaviors and skills from multiple perspectives.
811	AIR Self-Determination Scale: Student Form	Yes	8–22	Free	~30 min	A reliable assessment evaluating self-determination behaviors and skills from multiple perspectives.
819	ARC's Self-Determination Scale	Yes	12–18	Free	30–60 min	Measures components of self-determination including autonomy, self-regulation, and psychological empowerment.
828	Attitude Inventory	No	13+	Free	~10 min	A brief assessment measuring attitudes toward self-determination and autonomy.
829	ChoiceMaker Self Determination Assessment	Yes	13–21	Free	30–45 min	Evaluates self-determination through goal setting and problem-solving behaviors.
835	Confidence Inventory	No	13+	Free	10–20 min	Assesses personal confidence as it relates to self-determination.
836	Neurodiversity Strengths Checklist	No	13+	Free	20–30 min	Identifies strengths related to neurodiverse traits supporting self-determination.
840	RENEW Youth Portfolio	No	14–21	Free	3–6 hr total	A comprehensive portfolio and planning tool supporting long-term self-determination and transition goals.
864	Self-Determination Checklist Student Self Assessment	No	14–21	Free	20–30 min	A self-assessment evaluating self-determination skills and areas for growth.
866	Self-Determination Observation Checklist (SDOC)	No	14–21	Free	15–30 min	An observational tool that helps assess self-determination skills in natural settings.
868	Strengths/Capabilities Inventory	No	13+	Free	10–20 min	Identifies personal strengths related to self-determination.
870	Student Skills Inventory	No	13+	Free	10–20 min	Assesses key student skills that contribute to autonomy and self-determination.
871	Transition Assessment for Students with Significant Disabilities	Yes	14–21	Free	30–60 min	Focuses on transition-related self-determination skills for students with significant disabilities.
931	Who's Future Is It? Knowledge Test	Yes	14+	\$95 Classroom #	1–2 hr	Evaluates self-determination knowledge and readiness in transition planning.
932	Working Conditions Inventory	No	16+	Free	10–20 min	Assesses environmental factors influencing self-determination and work participation.
SELF-DETERMINATION (GOAL SETTING) ASSESSMENTS:						
934	Canadian Occupational Performance Measure (COPM)	Yes	8+	30 for 100 form	30–60 min	A client-centered measure used to identify and track progress toward personally meaningful goals.
935	Goal Attainment Scaling (GAS)	No	13+	Free	~60 min	A goal-setting framework used to create personalized, measurable goals.
949	Positive Personal Profile	No	13+	Free	Varies (90 min+)	An in-depth profile tool that identifies strengths and positive traits to support goal setting.
955	Secondary School Success Checklist (SSSC)	No	14–21	Free	30–60 min	Assesses skills and supports related to academic and transition goals.
968	Transition Assessment and Goal Generator (TAGG)	Yes	14–21	\$3/student	20–30 min	Helps identify goals and transition needs.
969	Transition Planning Inventory (TPI)	Yes	14–21	\$400	15–30 min	Measures student skills and preferences to support transition goal development.
970	What are the Youth's Plans?	No	14+	Free	30–60 min	Explores youth's goals and plans related to education, employment, and independent living.
SELF-DETERMINATION (STRENGTHS, INTERESTS, AND PREFERENCES) ASSESSMENTS:						
972	16 Personalities	No	16+	Free	10–20 min	An online personality typing tool providing insights into interests and personal strengths.
973	Activity Card Sort	Yes	16+	\$12.95 for AOTA	20–30 min	Identifies participation and preferences in daily activities.
974	Behavioral and Emotional Rating Scale 3rd Ed. (BERS-3)	Yes	5–18	\$336 for Kit	~10 min	Assesses emotional and behavioral strengths.
975	Interest Checklist	No	16+	Free	10–20 min	A self-report tool for identifying preferred leisure activities to guide therapeutic planning.
977	Interested Checklist Adapted	No	12+	Free	10–20 min	A simplified interest checklist that helps individuals identify leisure preferences and engagement.
988	Personal Preference Indicators	No	16+	Free	15–20 min	Helps identify personal preferences to support self-determination.
1000	Positive Personal Profile	No	13+	Free	Varies (90 min+)	Also used for exploring strengths and interests.
1006	Preference, Interests, Needs, Strengths (PINS) for Teams	No	14+	Free	30–60 min	Explores strengths, needs, preferences, and interests to guide planning.
1007	Short Child Occupational Profile (SCOPE)	Yes	Birth–21	\$40	20–30 min	Assesses participation, strengths, and preferences in daily occupations.
SOCIAL PARTICIPATION ASSESSMENTS:						
1009	Basic Skills for Community Living	No	14+	\$26	Varies	A curriculum for evaluating and teaching daily living and community skills.
1010	Functional Assessment for Students with Disabilities	Yes	14+	\$213 for set	Varies (1–2 hr)	A comprehensive assessment and curriculum package evaluating social, functional, and community participation skills.

Interventions:

Page	Interventions	Type of Resource	Description
COMMUNITY MOBILITY INTERVENTIONS:			
1012	Bus Travel Training Programs to Identify Active Ingredients for Learning Among Transition-Age Youth With Cognitive Deficits	Qualitative Study	Examines bus travel training to improve the mobility of cognitively impaired youth.
1013	Chance to Ride Resources	Intervention Resources	Provides curriculum and travel training resources for individuals with disabilities.

1024	Characteristics of Students Receiving Occupational Therapy Services in Transition/Factors Related to Postsecondary Success	Quantitative Study	Examines traits of students receiving OT services and predictors of success post high school.
1033	Detour to the Right Place: A Study with Recommendations for Addressing the Transportation Needs/Barriers of Adults w/ ASD	Mixed Methods Study	Investigates transportation challenges faced by adults with ASD in New Jersey and offers solutions.
1089	Driving and Community Mobility	Book Chapter	Reviews driving and community mobility concepts relevant to occupational therapy practice.
1108	Effectiveness of a Driving and Community Mobility Intervention for Teens and Young Adults With Autism Spectrum Disorder	Quantitative Study	Evaluates a driving intervention program tailored for teens and young adults with autism.
1119	Evaluating a Novel Approach to Community Based Instruction (CBI) in Elementary School for Students with Autism	Quantitative Study	Evaluates a CBI model with real-world skill development in students with ASD through structured community experiences.
1147	Fourteen Pathways Between Urban Transportation and Health: A Conceptual Model and Literature Review	Literature Review	Summarizes how urban transportation impacts health through multiple pathways.
1173	Initial Evaluation of a Public Transportation Training Program for Individuals with Intellectual and Developmental Disabilities	Mixed Methods Study	Reports early findings on public transit training effectiveness for individuals with IDD.
1182	Opportunities to Support Community Participation of Children and Youth with Disabilities Through Consultation w/ an Urban Zoo	Qualitative Case Study	Explores how zoos can be leveraged to promote community participation in youth with disabilities.
1192	Relationship Between Transport and Mental Health in Aotearoa New Zealand	Quantitative Study	Investigates links between transport access and mental health outcomes in New Zealand.
1299	Transportation Resource Toolkit for Families & Individuals	Educational Guide	Offers practical transportation resources for families and individuals.
1337	Travel Patterns of American Adults with Disabilities	Quantitative Study	Describes travel behavior and patterns among American adults with disabilities.
1347	Travel Training Curriculum	Intervention Curriculum	Curriculum designed to teach travel skills to individuals with disabilities.
EXECUTIVE FUNCTIONING INTERVENTIONS:			
1349	Broadening the Occupational Therapy Toolkit: An Executive Functioning Lens for Occupational Therapy w/ Children and Youth	Educational Guide	Provides an OT framework emphasizing executive functioning in pediatric practice.
1358	Effects of Exergaming on Executive Function and Motor Skills in Children With Autism Spectrum Disorder: A Pilot Study	Quantitative Study	Assesses impact of active video games on executive function and motor skills in children with autism.
1367	Executive Functions	Intervention Resources	Offers intervention tools focused on improving executive functioning skills.
1368	Preparation for Adulthood: Shifting Responsibility for Management of Daily Tasks From Parents to Their Children	Practice-Based Article	Discusses transitioning daily task management responsibility from parents to youth.
LIFE SKILLS (ADL) INTERVENTIONS:			
1380	Characteristics of Students Receiving OT Services in Transition and Factors Related to Postsecondary Success	Quantitative Study	Describes students receiving OT and factors related to successful postsecondary outcomes.
1389	Effectiveness of Transition Readiness Interventions by School-Based Interventions by School-Based OT Personnel	Quantitative Study	Evaluates OT-led interventions aimed at improving transition readiness in school settings.
1398	Functional Assessment and Curriculum for Teaching Students with Disabilities	Intervention Curriculum	Provides assessment and curriculum materials for teaching life skills to students with disabilities.
1399	Interventions to Support Transition-Age Students	Practice-Based Article	Reviews interventions supporting transition-age students' success.
1402	Preparation for Adulthood: Shifting Responsibility for Management of Daily Tasks From Parents to Their Children	Practice-Based Article	Highlights the gradual shift of daily living task responsibility from parents to young adults.
SELF-DETERMINATION INTERVENTIONS:			
1414	Effectiveness of Self-Determination Programs in Promoting Secondary Transition for Young Adults With IDD	Mixed-Methods Study	Assesses self-determination program impact on transition success for young adults with intellectual disabilities.
1417	Effectiveness of Transition Readiness Interventions by School-Based Interventions by School-Based OT Personnel	Quantitative Study	Measures the success of OT interventions focused on transition readiness and self-determination skills.
1426	I'm Determined	Intervention Curriculum	Curriculum designed to promote self-determination skills among youth.
1427	Impact of an Occupation-Based Transition to College Program for Young Adults With Autism Spectrum Disorder	Mixed-Methods Study	Evaluates an OT-based program supporting college transition for autistic young adults.
1428	Outcomes of an Environmental-Focused, Problem-Solving Intervention for Transition-Age Youth: Project TEAM	Mixed-Methods Study	Evaluates a problem-solving intervention to enhance self-determination in transition-age youth.
1429	Middle Years to Careers Family Engagement Activity Guide 1: Promoting Student Self-Awareness	Intervention Curriculum	Provides activities designed to promote self-awareness and self-determination in middle school students.
1437	Self-Determined Learning Model of Instruction (SDLMI)	Mixed-Methods Study	Describes an instructional model promoting self-determined learning for students with disabilities.
1503	Transition Service in the Occupational Therapy Process for Students with Disabilities: A Systematic Review	Mixed-Methods Study	Systematic review of OT transition services for students with disabilities.
1517	Understanding Self-Determination as a Crucial Component in Promoting the Distinct Value of OT in Post-Secondary Transition	Conceptual Article	Discusses the importance of self-determination in OT's role during post-secondary transition planning.
SELF-DETERMINATION (GOAL SETTING) INTERVENTIONS:			
1533	Get Ready Do Done	Intervention	A structured intervention to help youth set and achieve goals for transition success.
1534	Making Transition Happen from the Very Beginning: Goals to Support Transition Skills Handout	Educational Guide	Provides goal-setting tools designed to support development of transition skills from early stages.
SEXUALITY AND HEALTHY RELATIONSHIP INTERVENTIONS:			
1544	Applying an Occupational Lens to Thinking About and Addressing Sexuality	Practice-Based Article	Discusses how occupational therapy can address sexuality in practice.
1559	PLISSIT Model of Addressing Sexual Functioning	Clinical Framework	Clinical framework guiding sexual health discussions and interventions.
1560	Positive Choices Curriculum for Individuals with IDD	Intervention Curriculum	Curriculum supporting healthy sexuality and relationships for individuals with intellectual disabilities.
1567	Sex Education Practices for People With Intellectual and Developmental Disabilities: A Qualitative Study	Qualitative Study	Explores sex education experiences and needs among individuals with intellectual and developmental disabilities.
SOCIAL SKILLS INTERVENTIONS:			
1576	Characteristics of Students Receiving OT Services in Transition and Factors Related to Postsecondary Success	Quantitative Study	Examines characteristics of students receiving OT and factors linked to their success after high school.
1585	Communication With Companions: The Use of Video Modeling to Facilitate Social Interactions for Transition-Aged Students	Quantitative Study	Evaluates video modeling as a tool to enhance social communication skills for transition-age students.
1586	Conversation Starters	Intervention Resource	Conversation starters to promote social participation and roleplay with to use as an intervention for individuals with IDD.
1587	Effects of a Vocational Social-Skills Program on Psychosocial Functioning Among Young Adults With Autism	Quantitative Study	Assesses how vocational social-skills training impacts psychosocial outcomes in young adults with autism.
1588	Functional Assessment and Curriculum for Teaching Students with Disabilities	Intervention Curriculum	Provides comprehensive assessment and curriculum for teaching functional life skills to students with disabilities.
1589	OT Students as Near-Peer Facilitators of a Soft-Skills Intervention Program for Young Adults With Autism	Mixed-Methods Study	Describes an intervention where OT students lead soft-skills groups for young adults on the autism spectrum.
1590	Transition Services & Young Adults With Autism Spectrum Disorder	Narrative Review Article	Reviews transition service models and supports for young adults with autism spectrum disorder.

CLUSTER 4: POLICY

Exit Exam Requirements, High School Diploma Status, Inclusion in General Education, and Program of Study

Assessments:

Page	Assessments	Standardized?	Age Range	Price	Time	Description
ACADEMIC SELF-DETERMINATION ASSESSMENTS:						
1593	Academic Self Advocacy Questionnaire	No	13-22	Free	15-30 min	Measures students' ability to advocate for their academic needs and accommodations.

1594	Self-Determination Observation Checklist (SDOC)	No	14-21	Free	15-30 min	Observational tool to assess self-determination skills in academic and daily activities.
COLLEGE READINESS ASSESSMENTS:						
1597	College Readiness Assessment	No	High School	Free	~30 min	Evaluates preparedness for college in academic, social, and personal areas.
1599	Enderle-Severson Transition Rating Scale (ESTR-III)	Yes	12-21	Free	~30 min	Assesses student readiness for transition to postsecondary education or employment.
1614	Guide to Assessing College Readiness	No	High School+	Free	Varies (90 min+)	Comprehensive guide to evaluating multiple domains of college readiness.
GENERAL EDUCATION INCLUSION ASSESSMENTS:						
1621	School Function Assessment (SFA)	Yes	5-12	\$666	1.5- 2 hr	Measures functional performance and participation in school-related activities.
LEARNING STYLES ASSESSMENTS:						
1623	Learning Styles Assessment	No	13-22	Free	15-30 min	Identifies individual learning preferences to support effective teaching strategies.
1626	Learning Styles Inventory and Tips	No	13-22	Free	15-30 min	Provides insights into preferred learning methods and practical tips for educators and students.
1630	Positive Personal Profile	No	13+	Free	Varies (90 min+)	Highlights strengths and positive traits to guide personal growth and goal setting.
STRENGTHS AND WEAKNESSES ASSESSMENTS:						
1637	Academic Strengths Assessment	No	13-22	Free	15-30 min	Helps students identify their academic strengths to support learning and self-advocacy.
1639	Accommodations Questionnaire	No	13-22	Free	15-30 min	Collects information about needed accommodations to support academic success.
1641	Behavioral and Emotional Rating Scale 3rd Ed. (BERS-3)	Yes	5-18	\$336 for kit	~10 min	Assesses emotional and behavioral strengths in children and adolescents.
1642	Secondary School Success Checklist (SSSC): Parent Version	No	14-21	Free	30-60 min	Evaluates skills and supports important for successful secondary school outcomes parent version.
1653	Secondary School Success Checklist (SSSC): Staff Version	No	14-21	Free	30-60 min	Evaluates skills and supports important for successful secondary school outcomes staff version.
1664	Secondary School Success Checklist (SSSC): Student Version	No	14-21	Free	30-60 min	Student self-report version assessing skills for school success and transition planning.
1669	Things That are Difficult for Me	No	13+	Free	15-30 min	Helps students identify challenges affecting academic and daily functioning.
STUDY SKILLS ASSESSMENTS:						
1671	Math Study Skills Inventory	No	13-22	Free	15-30 min	Assesses specific skills related to math study habits and comprehension.
1673	Positive Personal Profile	No	13+	Free	Varies (90 min+)	Emphasizes individual strengths to enhance study skills and goal achievement.
1679	Study Skills Assessment Questionnaire	No	13-22	Free	15-30 min	Evaluates general study habits and strategies used by students.
1682	Study Skills Questionnaire	No	13-22	Free	15-30 min	Measures students' approaches to learning and study preferences.
1684	Study Skills Survey	No	13-22	Free	15-30 min	Provides insight into students' study routines and areas needing improvement.

Interventions:

Page	Interventions	Type of Resource	Description
GENERAL EDUCATION INCLUSION INTERVENTIONS:			
1687	Characteristics of Students Receiving OT Services in Transition and Factors Related to Postsecondary Success	Quantitative Study	Examines characteristics of students receiving OT during transition and factors influencing postsecondary success.
1696	OT's Role in Mental Health Promotion, Prevention, & Intervention With Children & Youth: Inclusion of Children With Disabilities	Educational Guide	Outlines the occupational therapist's role in promoting mental health and inclusion of children with disabilities in education.
1700	To be Understood: Transitioning to Adult Life for People with Autism Spectrum Disorder	Qualitative Study	Explores experiences and challenges faced by individuals with autism transitioning to adult life.
POLICY (LAW OVERVIEWS):			
1717	Americans with Disabilities Act (ADA) Overview	Law Overview	Provides a clear, easy-to-read overview of the ADA and its protections for individuals with disabilities.
1737	Assistive Technology (AT) Act Overview	Law Overview	Summarizes key points and resources regarding the Assistive Technology Act and its impact on individuals with disabilities.
1741	Developmental Disabilities Assistance and Bill of Rights Act of 2000 Overview	Law Overview	Details the provisions and goals of the Developmental Disabilities Assistance and Bill of Rights Act of 2000.
1746	Individuals with Disabilities Education Act (IDEA) of 1997 Overview	Law Overview	Reviews the major elements of IDEA 1997, focusing on educational rights and services for students with disabilities.
1748	Section 504 of the Rehabilitation Act Overview	Law Overview	Explains protections under Section 504 that prohibit discrimination against individuals with disabilities.
1750	Workforce Innovation and Opportunity Act (WIOA) Overview	Law Overview	Summarizes WIOA and its role in improving workforce opportunities for people with disabilities.
POLICY (TRANSITION GUIDES):			
1752	Transition to Employment Agency Navigation Tool	Educational Guide	Tools to help individuals and families navigate agencies that support employment transition for people with disabilities.
1771	Navigating Life Transitions: Arizona's Transition Resource Guide	Educational Guide	A comprehensive guide to resources available in Arizona to support youth with disabilities in life transitions.
1887	Department of Education Transition Guide to Postsecondary Education and Employment for Students and Youth with Disabilities	Educational Guide	Offers federal guidelines and resources to support successful postsecondary education and employment transitions.

OTHER RESOURCES

OTA Resources and Documents, Choosing Assessments, Evidence-Based Articles, Organizations and Websites, and Predictors of Post School Success

Advocacy Resources

Page	Title	Type of Resource	Description
EVIDENCE-BASED ARTICLES (BARRIERS INDIVIDUALS WITH DISABILITIES MAY FACE):			
1948	Boundaries and Bridges to Adult Mental Health: Critical Occupational and Capabilities Perspectives of Justice	Theoretical Framework	Discusses justice and occupational rights for adults with disabilities, using occupational science and capabilities approaches.
1966	Closing the Gap: Identifying Quality-of-Life Disparities for Young Adults With IDD in Transition	Quantitative Study	Explores disparities in quality of life for young adults with IDD during transition and highlights the need for more supports.
1969	Evaluating the Transportation Needs and Accessibility Issues for Adults on the Autism Spectrum in New Jersey	Survey-Based Case Study	Examines transportation challenges faced by adults with autism in NJ, and the impact on independence and employment.
1994	Lived Experience of Sexuality Among Adults With Intellectual and Developmental Disabilities: A Scoping Review	Scoping Review	Synthesizes research on how adults with IDD experience and express sexuality, identifying key themes and gaps in literature.
2007	Narrative Inquiry Into Postsecondary Transition Outcomes for Young Adults With Intellectual & Developmental Disabilities	Qualitative Study	Explores lived experiences of postsecondary transition among youth with IDD, highlighting facilitators and barriers.
2008	OT and Teachers' Differing Beliefs About How They Can Assist Continuation High School Students' Transition	Mixed-Methods Study	Investigates differing perspectives of OTs and teachers on their roles in supporting students' postsecondary transition.
2027	Predictors of Successful Transition from School to Employment for Youth with Disabilities	Quantitative Study	Factors that contribute to successful employment outcomes for youth with disabilities, including predictors and implications.

2039	Recommendations for Postsecondary Transitions for Autism Spectrum Disorder Based on Family Experiences	Qualitative Study	Offers evidence-based recommendations for improving transition supports for youth with ASD, grounded in family experiences.
2040	Sexuality Among Adolescents and Young Adults With Intellectual Disability: Knowledge, Attitude, and Practices	Quantitative Survey Study	Investigates knowledge, attitudes, and behaviors around sexuality among adolescents and young adults with IDD.
2046	Systematic Review of Barriers and Facilitators of Disability Disclosure and Accommodations for Youth Post-Secondary	Systematic Review	Analyzes factors influencing whether youth with disabilities disclose their disabilities and seek accommodations postsecondary.
2078	Transportation Brokerage Services and Medicaid Beneficiaries' Access to Care	Quantitative Study	Explores how transportation services impact healthcare access for Medicaid recipients, including individuals with disabilities.
EVIDENCE-BASED ARTICLES (EXISTING KNOWLEDGE OF THE AMOUNT OF OTS IN POSTSECONDARY TRANSITION):			
2096	High School Transition Team Members' Perception of Occupational Therapy—Conducted Transition Assessments	Qualitative Study	Explores team members' views on OT-led assessments in high school transition planning.
2099	Occupational Therapy in Transitioning Adolescents to Post-Secondary Activities	Descriptive/Practice Report	Outlines OT approaches to supporting adolescents transitioning to postsecondary education and employment.
2106	Scoping Review of School-to-Work Transition for Youth With Intellectual Disabilities: A Practice Gap	Scoping Review	Identifies gaps in practice and research regarding school-to-work transitions for youth with intellectual disabilities.
EVIDENCE-BASED ARTICLES (ROLE OF OT IN POSTSECONDARY TRANSITION PROGRAMS):			
2130	Characteristics of Students Receiving OT Services in Transition and Factors Related to Postsecondary Success	Quantitative Study	Analyzes characteristics of students receiving OT services and identifies factors linked to successful transitions.
2139	Effectiveness of Transition Readiness Interventions by School-Based Occupational Therapy Personnel	Systematic Review	Evaluates effectiveness of OT-led interventions aimed at improving transition readiness in school settings.
2148	Establishing OT's Role in Transition Through Statewide Initiatives	Program Evaluation	Describes how statewide efforts help define and expand OT roles in school transition services.
2149	OT and Teachers' Differing Beliefs About How They Can Assist Continuation High School Students' Transition Postsecondary	Mixed-Methods Study	Compares beliefs of OTs and teachers about their roles in supporting transitions for non-traditional students.
2168	OT Services in Facilitating Work Participation and Performance	Program Description	Discusses how OT supports work participation and vocational outcomes for individuals with disabilities.
2181	Qualitative Study of Occupational Therapy's Role in Adolescent Transition in a Midwestern Coalition of Many School Districts	Qualitative Study	Examines how OT practitioners in a regional coalition perceive and implement their roles in adolescent transitions.
2196	Role of the School-Based Occupational Therapist in Secondary Education Transition Planning: A Pilot Survey Study	Pilot Survey Study	Surveys school-based OTs about their involvement and perceived effectiveness in secondary transition planning.
2204	School-Based Occupational Therapists' Roles Supporting Transitions Into and Throughout Kindergarten to Grade 12	Mixed-Methods Study	Reviews the roles of school-based OTs across transitions from early education through secondary school.
2216	Scoping Review of School-to-Work Transition for Youth With Intellectual Disabilities: A Practice Gap	Scoping Review	Reviews literature on school-to-work transitions for youth with IDD and identifies critical practice gaps and implications for OT.
2239	Transition Service in the Occupational Therapy Process for Students with Disabilities: A Systematic Review	Systematic Review	Synthesizes current evidence on how OT contributes to transition services for students with disabilities.
HANDOUTS EXPLAINING OTS' ROLE IN POSTSECONDARY TRANSITION			
2254	Administrators & Teachers in Transition Handout Explaining OTs Role	Handout	Handout explaining and advocating for OTs' role in postsecondary transition targeted to school administrators and teachers.
2255	Caregivers of Individuals in Transition Handout Explaining OTs Role	Handout	Handout explaining and advocating for OTs' role in postsecondary transition targeted to caregivers of individuals in transition.
2256	Individuals in Transition Handout Explaining OTs Role	Handout	Handout explaining and advocating for OTs' role in postsecondary transition targeted to individuals in transition.
2257	OTs in Transition Handout Explaining OTs Role	Handout	Handout explaining and advocating for OTs' role in postsecondary transition targeted to occupational therapists.

AOTA Resources and Documents:

Page	Title	Type of Resource	Description
2259	Crucial Need for Occupational Therapy to Prioritize Postsecondary Transition	Call to Action	An AOTA journal article advocating for increased OT involvement in postsecondary transition planning and services.
2265	FAQ: Occupational Therapy's Role in Transition Services and Planning	FAQ Document	A comprehensive FAQ document outlining the role of OTs in transition planning and services for students with disabilities.
2269	Joint Statement on Interprofessional Collaborative Goals in School-Based Practice	Policy/Guidance Document	A joint statement emphasizing the importance of school-based interprofessional collaboration to improve student outcomes.
2274	Role of Occupational Therapy in Postsecondary Transition Planning	Webinar Handout	A handout from a Therapro webinar detailing the contributions OT can make to effective postsecondary transition planning.
2339	Students With Disabilities in Postsecondary Education Settings: How OT Can Help	AOTA Fact Sheet	A fact sheet highlighting how OT supports students with disabilities in navigating postsecondary education environments.
2341	Transition Microcredential	Professional Development	A microcredential from AOTA designed to advance OT practitioners' skills in transition planning for youth and young adults.
2342	Transitions for Children and Youth How Occupational Therapy Can Help	Informational Brochure	A parent- and educator-friendly brochure describing how OT supports children and youth during major life transitions.

Choosing Assessments:

Page	Title	Type of Resource	Description
2346	Age-Appropriate Transition Assessments and Resources	Web Resource Hub	Tools/resources for conducting age-appropriate transition assessments to support IEP development and postsecondary planning.
2369	Evaluation Options for Secondary Transition Planning	Literature Review	Reviews different evaluation methods and tools used in secondary transition planning for students with disabilities.
2376	Exploring the Applicability of OT Transition Assessments for Students with Disabilities	Qualitative Study	Investigates how OT-based assessments can be applied in transition planning for students with disabilities.
2384	Latent Parallel Analysis and Ordinal Exploratory Factor Analysis of the VocFit Assessment	Quantitative Study	Presents statistical validation and factor analysis of the Vocational Fit Assessment used in transition planning.
2386	Psychometric Properties of PEDI-PRO: Accessible Self-Reported Measure of Functional Abilities for Transition-Age Youth w/ IDD	Quantitative Study	Evaluates the reliability and validity of the PEDI-PRO, a self-report tool for measuring functional abilities of youth with IDD.
2386	Transition Assessment Process: A Guide for Developing Postsecondary Goals	Best Practice Manual	Provides a structured approach to selecting and using transition assessments for developing postsecondary goals in the IEP.
2419	Transition Assessment Self-Reflection Tool	Self-Assessment Tool	Structured reflection form to help educators evaluate current transition assessment practices and identify areas for improvement.

Organizations and Websites:

Page	Title	Type of Resource	Description
2427	American Association of People with Disabilities (AAPD)	Advocacy Organization	Promotes equal opportunity, economic power, independent living, and political participation for people with disabilities.
2428	Bright Futures	Assessment/Planning Tool	Provides career planning, work-based learning, and assessment tools for students with disabilities and educators.
2429	Career OneStop	Job Search Tool	Offers tools for career exploration, job training, resume writing, and employment searches by the U.S. Department of Labor.
2430	Center on Transition Innovations (CTI)	Research/Training Center	Provides resources, professional development, and evidence-based practices to support transition planning.
2431	Enable America	Employment Support	Organization that works to improve employment opportunities for people with disabilities through partnerships and mentoring.
2432	National Parent Center on Transition and Employment	Family Support Resource	Offers resources for families on transition planning, employment, postsecondary education, and independent living.
2433	National Technical Assistance Center on Transition (NTACT.C)	Tech. Assistance Center	Provides tools and resources to improve post-school outcomes for students with disabilities.
2434	Occupational Information Website (O*NET)	Occupational Database	A comprehensive career database providing detailed information about job requirements, skills, and labor market trends.
2435	Project SEARCH	Employment Training	A transition-to-work program for students with significant disabilities, combining classroom instruction with workplace internships.
2436	Project TEAM: Teens Making Environment and Activity Modifications	Self-Advocacy Curriculum	A research-based curriculum that teaches youth with disabilities to make environmental modifications to increase participation.
2437	REACH Collective	Travel Training Curriculum	Provides materials to support travel training and community access for youth with intellectual and developmental disabilities.
2438	Think College	Postsecondary Ed. Resource	Provides information, training, and support on inclusive higher education for individuals with intellectual disabilities.

2439	Transition Coalition	Educator Training Platform	Offers free online professional development and transition resources for educators and transition professionals.
2440	Transition of Students With Disabilities To Postsecondary Education: A Guide for High School Educators	Federal Guidebook	U.S. Department of Education guide offering strategies to help students with disabilities transition to postsecondary education.
2441	Transition Tennessee (Transition TN)	Training & Resource Portal	Provides free online training and transition planning resources tailored for Tennessee educators and families.
2442	VocFit	Vocational Assessment Tool	Online assessment tool that matches individuals with disabilities to employment options based on strengths and preferences.
2443	Workforce Recruitment Program (WRP)	Federal Employment	A recruitment and referral program that connects federal employers with college students and recent graduates with disabilities.

Predictors of Post-School Success:

Page	Interventions	Type of Resource	Description
2445	Crucial Need for Occupational Therapy to Prioritize Postsecondary Transition	Call to Action	An AOTA journal article advocating for increased OT involvement in postsecondary transition planning and services.
2451	Evidence-Based Predictors of Post-School Success	Professional Practice	Highlights evidence-based practices and predictors that support successful transitions from school to post-school environments.
2453	NSTTAC Indicator 13 Checklist: Form B (Enhanced for Professional Development)	Checklist	Detailed checklist designed to guide educators through compliance with Indicator 13, focusing on transition planning.
2458	NTACT:C Indicator 13 Checklist: Form A	Checklist	Indicator 13 checklist for use in monitoring and evaluating IEPs for compliance with federal transition requirements.
2464	NTACT:C Indicator 13 Checklist – Form B (Enhanced for Professional Development)	Checklist	Form A checklist provides additional guidance to support professional learning and improved IEP development.
2471	Predictor Implementation School/District Self-Assessment Instructions and Action Planning Guide	Assessment Guide	Instructions and planning strategies for districts to assess and implement evidence-based predictors of post-school success.
2481	Predictor Implementation School/District Self-Assessment	Self-Assessment Tool	A tool used by schools/districts to evaluate their implementation of key transition practices and identify areas for improvement.
2527	Secondary Transition Predictors of Postschool Success: An Update to the Research Base	Journal Article	Secondary transition predictor updates, reinforcing practices leading to positive postschool outcomes for students with disabilities.